

### **A Positive, Holistic Approach**

A psychology degree from Life University is like no other. Our programs harness the cutting edge of knowledge and innovation in positive psychology, an emerging branch of the profession that uses an individual's strengths as the foundation and motivation for achieving higher levels of personal and professional performance and life satisfaction.

Coursework in our psychology degree programs adheres to guidelines set by the American Psychological Association (APA) (though we are constantly pioneering within those parameters), and students move on from LIFE ready and able to succeed in subsequent graduate programs. B.S. candidates also have the uniquely exciting opportunity to earn a Certificate in Life Coaching along with their Bachelor's degree. The additional challenge of pursuing both programs is rewarded with even more marketable skills, and a straight-to-work option for those looking to apply their knowledge now.



while simultaneously improving their bottom lines. They work in private practice, in hospitals, outpatient clinics, schools, companies large and small, in the sporting arena and beyond.

Psychology touches every aspect of human function, performance and our daily lives. Because of this, many students choose to earn their undergraduate degrees in psychology, even if they have not yet chosen a career path. According to the APA, "With a Bachelor's degree in psychology, students often possess good research and writing skills, are good problem solvers, and have well-developed, higher-level thinking abilities for analyzing, synthesizing, and evaluating information." With a Bachelor's degree from LIFE, you'll possess all this and more.

The APA reports that the profession is moving toward a greater focus on illness prevention, rather than mere diagnosis and treatment – which means it's catching up to LIFE. Our programs not only equip students with the traditional knowledge and tools of the trade, they create passionate, curious, lifelong learners and innovators who never underestimate the power of the human mind, body and spirit to overcome, adapt and transform.

This is why a positive psychology model is such a great fit for LIFE. Our graduates leave here with a deep understanding and respect for the interconnectedness of brain and body, and our uniquely human strengths; a variety of proven tools and techniques through which to share that understanding, and to guide others to explore, expand and realize their potential; and a worldview that sees opportunities and challenges instead of obstacles – all fueled by the power of positivity.

### **To Learn More...**

about a rewarding career in psychology, visit [www.LIFE.edu](http://www.LIFE.edu).



### **A Partner in Health Education**

Graduates of LIFE's psychology programs empower people to improve their own lives, and guide them to make healthier choices. They assess and care for those struggling with mental, emotional and behavioral issues. They teach people to learn; test the mind's limits; tip the scales of our justice system; and help companies improve the lives of their employees,

### Student Scholarships

Outstanding students applying to any major in LIFE's College of Undergraduate Studies are eligible to apply for institutional scholarships for their superior performance and promise. Georgia resident students earning a Georgia HOPE Scholarship and/or Tuition Equalization Grant for attending private schools can also apply those toward further reducing their tuition costs. Contact the Enrollment Office at (800) 543-3202 or Admissions@LIFE.edu to learn more.



Life University is a proud partner of the Yellow Ribbon Program for military veterans. For information about this program and to see if you qualify, please visit: [Gibill.va.gov/benefits/post\\_911\\_gibill](http://Gibill.va.gov/benefits/post_911_gibill)

### B.S. in Psychology

Unlike many other psychology degrees, our groundbreaking program focuses on positive psychology by introducing students to the study of mental and behavioral processes from a truly holistic perspective; one that respects the well-being of the whole person as a synergy of Physical, Intellectual, Emotional, Social, Environmental and Spiritual dimensions of health (LIFE's Wellness Portfolio). In addition to incorporating LIFE's vitalistic philosophy, which honors the body as a self-developing, self-healing, self-maintaining organism, our psychology majors are taught to emphasize our inborn human capacities for love, courage, forgiveness, wisdom and interpersonal connection. Along with scientific study, these philosophies are woven throughout all coursework, and culminate in real-life applications through either an internship in the field, or a senior thesis of the student's choosing.



*"I've always wanted to help others understand how to take care of themselves mentally and emotionally. That's why I knew I wanted to study psychology and to study at LIFE."*



### B.S. in Biopsychology

This interdisciplinary program will immerse students in the complex interdependencies between "mind" and "body." Coursework will explore and challenge our collective knowledge of fundamental biopsychological concepts regarding bases of behavior, emotion, cognition and their relation to health. Future professions for graduates frequently involve applying this knowledge of physiology and psychology to issues of drug use and abuse, motivation, sleep patterns and more. Students are also prepared to take on graduate work in fields such as Chiropractic, medicine, nursing, dentistry, psychology or neuroscience.



*"I enrolled at LIFE as a psychology major, but the more I worked with people and learned about how our emotional health is so intrinsically tied to our physical well-being, the more I realized biopsychology was my true passion. Making the switch was easy!"*



### A.S. in Life Coaching

This program is designed for those looking to deepen their knowledge, skills and experience in the area of life coaching, or those who are already actively working in mental health and/or human performance fields and wish to expand their services with a Life Coaching Certificate. The Life University curriculum is in line with the International Coach Federation's (ICF's) educational standards and 11 core competencies. LIFE's dynamic program benefits professionals and future professionals in diverse fields such as counseling, exercise physiology, nutrition, Chiropractic, human resources, sport performance and even business, providing them with specific, sought-after skills to help clients overcome hurdles, surpass limitations and tap into their own unrealized potential to find personal and professional fulfillment.



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