

## PRESS RELEASE

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#### LIFE U WOMEN'S CROSS COUNTRY AND TRACK PROGRAM PICKS UP FLORIDA STATE TRANSFER CORA ATKINSON NCAA Sophomore Transfer Gives LIFE Big Boost

Marietta, Georgia, March 11, 2014 – Today marked a historic day for the Life University Women's Cross Country and Track program, as they signed their first ever NCAA transfer student-athlete in Florida State sophomore Cora Atkinson. Atkinson, from Crawfordville, Florida, ran cross country for Coach Paul Hoover at Wakulla High School all four years before signing with Florida State, less than a 20-mile drive from her hometown.

After not getting much experience at Florida State in her freshman year of competition, Atkinson made the choice to start fresh and pursue other options. Life University was at the top of her list, not just because of athletics, but for academics as well. "Ever since I was younger and my father [who is a '90 graduate of LIFE's College of Chiropractic] had a 'bring your daughter to work day', I've always said that I wanted to be a chiropractor," Atkinson said. "My junior or senior year in high school, I found out that LIFE brought back their cross country program, so I was immediately interested in that and kept up with them; I'm glad everything worked out like it did."

Atkinson plans to dually enroll in both the Undergraduate program to finish her Bachelor's degree in Biology and the Doctor of Chiropractic program. She will most assuredly be a welcome addition to a team that is bringing back most of their core from last season, including top runner, senior Mishea Peltier, who also is in the Doctor of Chiropractic program at LIFE.

"I am very excited for Cora to join our group," Head Coach Dr. Faust exclaimed. "Immediately, she's going to be a significant factor and contributor to our team. To get her with Mishea, with both of their abilities, those two will definitely be leading the pack for our squad. Cora has a great work ethic, and it takes a special breed to be able to handle the workload of both an intercollegiate cross country schedule and the dual enrollment in Undergrad and Doctor of Chiropractic courses."

Atkinson's specialties in track include the one-mile and two-mile races and the 5,000-meter run in cross country. She will enroll at LIFE this fall.



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#### About Life University

Founded in Marietta, Georgia in 1974, Life University is a health sciences institution most known for its chiropractic program, the largest in the world. Life University is regionally accredited by the Southern Association of Colleges and Schools (SACS) to award four-year undergraduate and graduate degrees in a variety of health care, science, business and general studies fields, and also has programmatic accreditation through the Council on Chiropractic Education (CCE) and the Accreditation Council for Education in Nutrition and Dietetics (ACEND). The mission of Life University is to empower students with the education, skills and values necessary for career success and life fulfillment, based on a vitalistic philosophy.