

PRESS RELEASE

Hally Joseph Integrated Content Creator

 E: HallyJoseph@LIFE.edu
 1269 Barclay Circle

 P: (678) 331-4587
 Marietta, GA 30060

 F: (678) 331-4392
 www.LIFE.edu

LIFE UNIVERSITY CELEBRATES INAUGURAL PLANTING OF NEW COMMUNITY **GARDEN WITH RIBBON CUTTING CEREMONY ON SEPT. 14** -"Farm to fork" garden to grow skills of Nutrition Department, as well as source organic produce to Life University cafeteria

Marietta, Georgia, September 2, 2016 – Life University will debut its community garden on September 14 from 10 a.m. – 12 p.m. with an inaugural planting and ribbon cutting, along with refreshments and words from leadership. This event is open to the Life University community as well as the public.

The Nutrition Department at Life University is the primary caretaker of the garden. but volunteers from across the Life University community can participate in its care and success. Staff, faculty, students and their families are invited to volunteer, and can sign up at the event or at the Nutrition Department.

"A community garden will provide the opportunity for all Life University students to experience the cycles of nature, the patience involved in sowing and reaping, and the fulfillment of working together with community toward a common goal," says Assistant Dean of the Department of Nutrition Denise Pickett-Bernard, PhD, RDN, LDN. "This experiential learning will bring alive on campus the cycle of 'farm to fork.""

Presently, the garden features six raised beds, with the potential to add more. At the ribbon cutting, primarily salad greens will be sowed, including arugula, braising greens, pak choi, Allstar Lettuce Mix and green crisp, as well as onions, carrots, radishes and beets. Produce was selected for the widest acceptance amongst students, as it will source organic vegetables to Socrates Café, Life University's stateof-the-art campus cafeteria. Socrates Café is a 28,000 square foot facility, serving locally and organically grown food when possible.

The community garden will not only serve the café's mission of serving organic food, but Life University's overall vitalistic culture of health and wellness.

Event Details:

Life University Community Garden Inaugural Planting & Ribbon Cutting Wednesday September 14, 10 a.m. – 12 p.m. Community Garden, Sport Health Science, 1269 Barclay Circle, Marietta, GA 30060



PRESS RELEASE

Hally Joseph Integrated Content Creator

E: Hally.Joseph@LIFE.edu P: (678) 331-4587 F: (678) 331-4392 1269 Barclay Circle Marietta, GA 30060 www.LIFE.edu

About Life University

Founded in Marietta, Georgia in 1974, Life University is a health sciences institution most known for its chiropractic program, the largest single campus chiropractic program in the world. Life University is regionally accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) to award baccalaureate, master's and Doctor of Chiropractic degrees, and also has programmatic accreditation through the Council on Chiropractic Education (CCE), the Accreditation Council for Education in Nutrition and Dietetics (ACEND) and the Commission on Accreditation of Athletic Training Education (CAATE). The mission of Life University is to empower students with the education, skills and values necessary for career success and life fulfillment, based on a vitalistic philosophy.

###