



PRESS RELEASE

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LIFE UNIVERSITY HOSTS USA WOMEN'S EAGLES SEVENS PRACTICES In Preparation for Women's Sevens World Series, USA Women's Sevens Choose LIFE as Practice Facility

Marietta, Georgia, February 11, 2014 – The Life University (LIFE) rugby program's national prominence is no longer a secret; in fact, it's now common knowledge. Just ask the USA Women's Eagles Sevens who, in preparation for the second leg of the Women's Sevens World Series this weekend (February 15-16) at Kennesaw State's Fifth Third Bank Stadium, chose LIFE's rugby pitch and facilities for their practices leading up to the event.

Life University's rugby facilities are recognized as one of the best on not just the collegiate level, but in all of rugby in the United States. Facilities feature two full-sized rugby pitches, leading-edge training rooms, locker rooms and coaching offices. Not to mention, of course, all of the resources athletes have all over campus with nutritionists, chiropractors, and a world-class sport science institute.

USA Women's Eagles Sevens Head Coach Ric Suggitt was extremely happy to be getting his team's preparation in at a top-notch facility. "This is my first time at LIFE, and what a fabulous facility they have," notes Suggitt. "Coming here and seeing the excellent facility just makes you want to breathe, eat and sleep rugby."

Not only is the USA Women's Sevens team preparing for the Sevens World Series, in which they'll also travel to Brazil (Feb. 22-23), China (April 4-6) and the Netherlands (May 16-17), but they also have in mind the 2016 Olympics in which rugby sevens will make its Olympic debut.

"Even though we think it's far away, it's just right around the corner," explains Suggitt. "We're not losing sight of anything, and every day we are just trying to get better."

LIFE is starting up a Women's Undergraduate program itself that will begin its full-season slate of action this fall. Looking to build on the immense success of the both the Men's Undergrad and Men's Club teams at LIFE that both won 2013 National Championships in their respective divisions, the Women's squad has already begun training, scrimmaging and recruiting in advance of their season.

"I think for any young female athletes coming out of high school, they really need to take a look at Life University for rugby," says Suggitt. "We've seen the history of what they've done with the men's program here, and if they do the same thing with



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the women's program, we know that the women here will be in good hands both athletically and educationally."

For more information about Life University or LIFE rugby, please contact Will Brooks, Communications Coordinator, at (678) 331-4342.

About Life University

Founded in Marietta, Georgia in 1974, Life University is a health sciences institution most known for its chiropractic program, the largest in the world. Life University is regionally accredited by the Southern Association of Colleges and Schools (SACS) to award four-year undergraduate and graduate degrees in a variety of health care, science, business and general studies fields, and also has programmatic accreditation through the Council on Chiropractic Education (CCE) and the Accreditation Council for Education in Nutrition and Dietetics (ACEND). The mission of Life University is to empower students with the education, skills and values necessary for career success and life fulfillment, based on a vitalistic philosophy.