

ATHLETICS DEPARTMENT



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The purpose of Life University Athletics is to enhance the overall student experience by creating opportunities for physical development in addition to their strive for academic success. LIFE Athletics provides a variety of sporting activities for students from intense daily competition to quarterly group activities.



Intercollegiate Sports

Life University has a proud tradition of excellence in various intercollegiate sports. Over the years, the Running Eagles have won 24 national championships at various levels since the inception of the athletic program. Currently, LIFE has four teams competing at this level and plans are underway to expand even more.

Our current intercollegiate sports are:

Men's Basketball

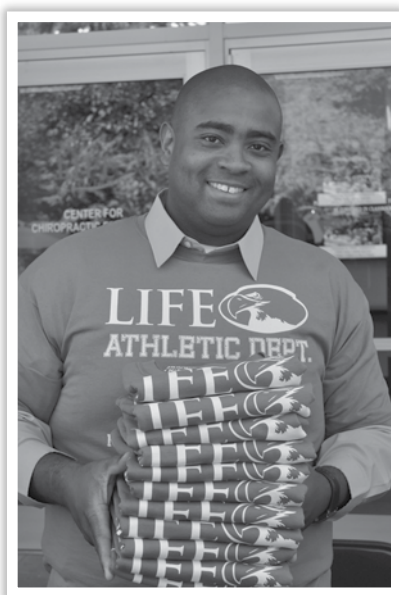
The Running Eagles men's basketball program celebrated 20 years of historic success during the 2011-2012 season. During that time the team has won three National Association of Intercollegiate Athletics Division I championship titles in 1997, 1999 and 2000. The Running Eagles have competed in four national championship games and made 13 national tournament appearances in only 15 seasons. The Running Eagles boast 26 NAIA All-Americans, three National Tournament MVP's and one National Player of the Year. This season, Life University will compete as a member of the Association of Independent Institutions (AII).

Men's Rugby

Life University's rugby program is recognized as one of the top in the country. LIFE fields three teams including the Men D-1 Club, undergraduate Division I-A and Men's Sevens. The Men's D-1 Club team competes against the highest level of competition in the United States, facing off against clubs from Boston, New York, San Francisco and more.

Undergraduate

LIFE's undergraduate players compete in Division I-A, a division created by USA Rugby consisting of 24 of the best and biggest universities around the country including Oklahoma, Utah, Brigham Young University, UCLA, Cal State, Penn State and Notre Dame. LIFE finished the 2012 season ranked no. 2 in the country. In 2013, LIFE's undergraduate team won the Division I-A National Championship held in Greensboro, NC.



Men's Sevens

Sevens is an altered form of rugby which will be featured as an Olympic sport in 2016. The 2011-2012 season was the inaugural year for Life University's undergraduate sevens team. In 2011, LIFE won the very first USA Rugby Collegiate National Championship (CRC) competing against 23 teams from across the country. In 2012, LIFE won the Las Vegas Invitational, and finished in the semi-finals at the USA Rugby Collegiate Rugby Championship in Philadelphia in June. The Running Eagles finished with an impressive 20-2-1 record. Last season, the undergraduate sevens team finished runner-up in the 2013 CRC.

Men's Wrestling

The men's wrestling program at Life University will commence its second season in 2013-2014. Their inaugural 2012-2013 season was very impressive, as they had four NAIA National qualifiers and one All-American.

Women's Cross Country

Last season, Life University welcomed back the women's cross country team to the athletic program. The team's first season back was a success, and they look primed to improve significantly in the 2013-2014 season.

Club Sports

Life University's club sport program is designed for students to compete against other universities in club-level sports. Current active clubs include running, tennis, dance, rugby, cheerleading, cycling, ultimate Frisbee, hockey and golf. Clubs are student-run with assistance from a faculty advisor. The Department of Athletics is continuously looking to start new club sports in support of student interests.

Intramurals

Every quarter a variety of intramural sports are offered for students to broaden their experience at LIFE while engaging in physical activity and camaraderie. Intramural sports include softball, volleyball, dodgeball, kickball and flag football. Students create their own teams and compete throughout the quarter with the goal of winning the championship at the end of each season.

Facilities

LIFE boasts sporting facilities unheard of in a university of our size. We have two gymnasiums that feature full-court floating floors, and the main gym accommodates 2,200 fans. The main gym, also known as “The Eagles’ Nest,” houses the Life University basketball games and wrestling matches. The gym features state-of-the-art lighting and sound equipment and is also the location for Life University’s graduations and assemblies.

Just outside the main gym is an athletic weight room built specifically for our intercollegiate and elite-performance athletes. The gym is a 2,000 square-foot facility that features Olympic platforms, Woodway Force treadmills and over 1,000 pounds of weights.

On campus, Life University boasts two rugby fields, two newly resurfaced tennis courts and a sand volleyball court. The fields are gaining nationwide exposure for their use in major sporting events hosted by Life University, including the Rugby Super League National Championship, collegiate rugby playoffs and high school summer camps. Our impressive track & field facilities served as a practice track during the 1996 Olympics. The venue offers stadium seating, locker rooms, concession stands and an 8,000 square-foot field house.

Athletic facilities are open to students on a daily basis. LIFE also offers three miles of trails that wind through the wooded area of campus and connect two of Marietta’s parks and Life University’s own historic 19th Century Village.



LIFE Sport Science Institute (LSSI)

Life University's Sport Science Institute (LSSI) is where science meets performance. LSSI uses chiropractic and integrative sport science strategies grounded in vitalistic principles to assist our intercollegiate athletes achieve optimal physical performance, injury prevention and sustained rehabilitation. LSSI is a facility that is staffed by a coordinated team of board-certified professionals who offer unique, state-of-the-art technology: a system of services, resources and programs to help coaches, teams and individuals reach their fullest potential.