

**LIFE**<sup>®</sup>  
University

SECTION NINE  
**ATHLETICS DEPARTMENT**



# ATHLETICS DEPARTMENT

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The purpose of Life University Athletics is to enhance the overall student experience by creating opportunities for physical development in addition to their strive for academic success. LIFE Athletics provides a variety of sporting activities for students from intense daily competition to quarterly group activities.

## Intercollegiate Sports

Life University has a proud tradition of excellence in various intercollegiate sports. Over the years, the Running Eagles have won 26 national championships at various levels since the inception of the athletic program. Currently, Life U has 13 teams competing at this level and plans are underway to expand even more.

Our current intercollegiate sports are:

- Men's Basketball
- Men's Bowling
- Men's Ice Hockey
- Men's Rugby
- Men's Swimming
- Men's Wrestling
- Women's Bowling
- Women's Cross Country
- Women's Rugby
- Women's Swimming
- Women's Track & Field
- Women's Volleyball
- Women's Wrestling



Life U competes in the prestigious Mid-South Conference for all NAIA sports, and competes in various classifications of USA Rugby. Focused on emerging sports, Life U offers scholarship opportunities for qualified student-athletes who want to continue their athletic careers at the next level. Our long term goal is to compete in 20 intercollegiate sports by 2020. Life U is also committed to adhering to Title IX standards in its athletic opportunities.

## Facilities

LIFE boasts sporting facilities unheard of in a university of our size. We have two gymnasiums that feature full-court floating floors, and the main gym accommodates 2,200 fans. The main gym, also known as “The Eagles’ Nest,” houses the Life University basketball games and wrestling matches. The gym features state-of-the-art lighting and sound equipment and is also the location for Life University’s graduations and assemblies.

Just outside the main gym is an athletic weight room built specifically for our intercollegiate and elite-performance athletes. The gym is a 2,000 square-foot facility that features Olympic platforms, Woodway Force treadmills and over 1,000 pounds of weights. On campus, Life University boasts two rugby fields, two newly resurfaced tennis courts and a sand volleyball court. The fields are gaining nationwide exposure for their use in major sporting events hosted by Life University, including the Rugby Super League National Championship, collegiate rugby playoffs and high school summer camps. Our impressive track and field facilities served as a practice track during the 1996 Olympics. The venue offers stadium seating, locker rooms, concession stands and an 8,000 square-foot field house.

Athletic facilities are open to students on a daily basis. LIFE also offers three miles of trails that wind through the wooded area of campus and connect two of Marietta’s parks and Life University’s own historic 19th Century Village.



## **LIFE Sport Science Institute (LSSI)**

Life University's Sport Science Institute (LSSI) is where science meets performance. LSSI uses Chiropractic and integrative sport science strategies grounded in vitalistic principles to assist our intercollegiate athletes achieve optimal physical performance, injury prevention and sustained rehabilitation. LSSI is a facility that is staffed by a coordinated team of board-certified professionals who offer unique, state-of-the-art technology: a system of services, resources and programs to help coaches, teams and individuals reach their fullest potential.