

# Athletic Training

## Life University



## The University

Life University (LU) is located in Marietta (population = 60,000), about 15 miles northwest of Atlanta, Georgia. It's also located a few hours from Chattanooga, Birmingham, Savanna, and Florida. The university serves about 2,000 students. LU offers several undergraduate and graduate degree programs, as well as a variety of services and activities for students. LU started as a Chiropractic College in mid 1970's. Marietta is a progressive city with lots of recreational opportunities available and interstate access to several major cities.

## The Profession

Athletic Training (AT) is recognized as a healthcare profession that provides comprehensive care to the athletic or physically active population.

A Certified Athletic Trainer or ATC (**not Trainer**) is involved in the prevention, assessment or evaluation, treatment, and rehabilitation of injuries. In addition, they also have responsibilities in administration, education, and counseling. As a member of the Sports Medicine team, an ATC works under the direction of a licensed physician and in cooperation with other health care workers, athletic coaches, administrators, and parents. Athletic trainers may be employed in high schools, colleges, sports medicine or PT clinics, professional sports programs, corporations, and other healthcare settings.

## Preparation & Background

Prospective students should have a strong background in biology, human anatomy and physiology, chemistry, physics, and mathematics, along with good writing and interpersonal communication skills.

Athletic Training experience (**not** as an athlete) under the direct supervision of an ATC is also encouraged. This experience is available within some high schools, colleges, or a sports medicine clinic. Any of these experiences will give the prospective student a better understanding of athletic training and sports medicine.



## Professional AT Program

It's always been our goal to create a unique program that accommodates any prospective student (i.e., student-athletes, transfer students, and international students), interacts with the other healthcare disciplines (i.e., physical therapy and physician assistant), and helps graduates be more marketable after graduation. Students will earn a Master of Athletic Training (MAT) degree. This is the only one in Georgia and one of only 35 in the world. **Life University is nationally accredited with the Commission on Accreditation of Athletic Training Education (CAATE).**

**2-Year Curriculum (76 quarter credits – equivalent to 51 semester credits).** This MAT program is only for those students who have already completed a Bachelor's degree (in any major other than athletic training). It is intended for those who may want to change careers, athletes who didn't have time during their undergraduate years to major in athletic training, and international students who want a career in athletic training

Our clinical education involves hands-on application of skills within a variety of sports with Life University's athletics and Sport Science Institute, other college athletics, high school athletics, sports medicine or PT clinics, chiropractor's offices, and others.

As part of the MAT students are required to obtain a minimum of 1,200 clinical education hours while directly supervised by an ATC. Students will need two full academic years to complete these hours and graduate classes.

All Application Materials and Application Instructions are available on the Athletic Training website; or by request from Enrollment Services. The deadline for applying is February 1.

**BOC Results for this AT Program:** Since this is a new AT program seeking CAATE accreditation, the 1<sup>st</sup> time and all passing rates to the BOC exam for an average of THREE years is not available.

## Why Choose Life's?

1. Small private university (< 2000 total students & 10-20 student/ class size)
2. Low graduate tuition (\$250/quarter hr)
3. The curriculum is 100% prep for BOC exam in 2 years.
4. Variety of athletic and clinical experiences around Atlanta area
5. University Philosophy is centered on vitalism
6. Curriculum focuses on application of scientific paradigms related to optimal health, prevention of injuries, improved recovery, and improved human performance
7. Integrative Care Model including Chiropractic
8. Exceptional learning resources
9. Use of technology
10. Prepares students for immediate job, grad school & other health professions
11. Warm and recreational area.

## Admission Requirements

Due to the competitiveness of the athletic training program and guidelines set by the NATA and CAATE, students must apply for formal admission into professional AT program. **Interested students must request, complete, and return all Admission materials by February 1 or until qualified class is filled.**

Because there is a limited enrollment (max. of **20 students per year**), the Selection Committee will formally admit only quality students who meet ALL the following criteria:

1. Bachelor's degree
2. College cumulative GPA (3.00 or higher)
3. Prerequisites with grade of C or higher from:
  - a. Anatomy & Physiology I & II (or Human Ana. & Human Phys.)
  - b. Chemistry I
  - c. Physics I
  - d. Kinesiology or Biomechanics (recommend)
  - e. Exercise Physiology (recommend)
  - f. General Psychology (recommend)
  - g. Statistics (recommend)
4. Athletic training or similar experience – 75 hrs (purpose: see if student want AT career)
  - a. If possible, in an athletics or sport setting
  - b. If possible, directly supervised by an ATC
5. Submission of Admission materials
  - a. Online Application (with \$50 fee)
  - b. Letter of Intent & Resume
  - c. 3 Applicant Recommendation forms
  - d. Academic transcripts (all colleges attended)
6. GRE score: 280 cumulative; 3.5 writing
7. International students: see International Off.
  - a. TOEFL scores: 500 paper, 61 IBT, or 173 on computer based test
8. Technical Standards (see AT website)

## Athletic Training Personnel

**Dr. Donald Fuller, PhD, ATC**  
AT Program Director

**Life Univ. Athletic Training Faculty/Staff**  
Deloss Brubaker, EdD, ATC  
Chris Markie, MS, ATC  
Karen Pfeifer, MS, ATC  
Jarrod Vanatta, MS, ATC

**AT Program Medical Director**  
Stan Dysart, MD (Orthopedics)  
Pinnacle Othropedics

**Life University Team Doctors**  
Greg Lee, MD (Orthopedics)  
Greg Matechak, MD (Primary Care)  
John Downes, DC  
Keith Rau, DC

## For Further Information

### Athletic Training Program

Dr. Donald Fuller, PhD, ATC, LAT  
Life University  
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Marietta, GA 30060  
(770) 426-2771  
E-mail: [Donald.Fuller@life.edu](mailto:Donald.Fuller@life.edu)

### Athletic Training Program's website:

<http://www.life.edu/ATEP>

### University Admissions

Office of Admissions  
Life University  
(800) 543-3202  
[www.life.edu](http://www.life.edu)