

Master of Athletic Training Degree Program (July 13, 2015 start)

Life University

Accreditation Status

This Master of Athletic Training (MAT) program is now accredited by the Commission on Accreditation of Athletic Training Education (CAATE). The first class graduated in June 2014 and are now eligible to take the national BOC exam. BOC pass rates are not available until we have three years of AT program graduates (see website).

Introduction

Students will earn a Master of Athletic Training (MAT) degree. It is a 2-year, full-time professional program. As a "professional" program, students in the MAT program would enter with no or minimal knowledge and experience in athletic training. However, after graduating from this curriculum, students would meet and exceed all the minimal requirements to sit for the national Board of Certification (BOC) exam. There are only 35 similar programs in the world. Students should refer to the college catalog for graduation requirements.

Prerequisite Courses (Undergraduate)

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|------------------|-------------------------------------|
| Chemistry I | Kines or Biomechanics (recommended) |
| Physics I | Exercise Physiology (recommended) |
| Human Anatomy | Statistics (recommended) |
| Human Physiology | Psychology - General (recommended) |

Admission Requirements

- Bachelor's degree from an accredited institution
- Cumulative Grade Point Average/GPA: 3.00 or higher
- Prerequisite Course grades: C or higher (see left side)
- Clinical Observation = 75 hours (supervised by ATC)
- Other items: letter of intent (including 6 questions), 3 recommendation forms, resume', \$50 fee;
- Physical Exam & Medical History form
- GRE 280 cum, 3.5 writing; TOEFL 500-paper, 61-ibt, 173- comp

Clinical Education (CE): This experience begins annually around August 1. Students must get an average minimum of 15 hours/week and maximum of 25 hours/week for Clinical Ed courses (see CE below). Students complete a minimum of 1,200 hours in two years in a variety of sports, patient-types, and settings (which includes an additional 50 hours of misc. hours).

| First Year | 39 | Second Year | 37 |
|--|-----------------|---|-----------------|
| Summer (7 credits) [July 13 – Sep 24] | | Summer (6 credits) | |
| MSHS 641 Athletic Injury Care | 4 | MSHS 624 Strength Training & Devel. | 4 |
| MSHS 605 Evaluation Fundamentals | 2 | MSHS 661.15 Clinical Ed V (150 hrs) | 1 ^{CE} |
| MSHS 661.11 Clinical Ed I (100 hrs) | 1 ^{CE} | MSHS 686 Indiv Study - Research Project | 1 |
| Fall (9 credits) [Oct 5 – Dec 19] | | Fall (10 credits) | |
| MSHS 670 Kinesiology of Sport | 4 | MSHS 680 Research Methods | 4 |
| MSHS 650 Injury Assessment: Lower Ext | 4 | MSHS 667 Clinical Conditions | 4 |
| MSHS 661.12 Clinical Ed II (150 hrs) | 1 ^{CE} | MSHS 661.16 Clinical Ed VI (150 hrs) | 1 ^{CE} |
| Winter (13 credits) [Jan 11 – Mar 27] | | Winter (11 credits) | |
| MSHS 600 Exercise Physiology | 4 | MSHS 622 Nutrition for Fitness & Sport | 4 |
| MSHS 652 Injury Assessment: Upper Ext | 4 | MSHS 654 Administration in Healthcare | 4 |
| MSHS 646 Therapeutic Agents | 4 | MSHS 661.17 Clinical Ed VII (150 hrs) | 1 ^{CE} |
| MSHS 661.13 Clinical Ed III (150 hrs) | 1 ^{CE} | MSHS 686 Indiv Study - Research Project | 2 |
| Spring (10 credits) [Apr 5 – June 17] | | Spring (10 credits) | |
| MSHS 612 Exercise Testing & Prescription | 4 | MSHS 656 Sport Psychology | 4 |
| MSHS 648 Therapeutic Exercise | 4 | MSHS 655 Professional Dev. in AT | 3 |
| MSHS 647 Therapeutic Ex Lab for AT | 1 | MSHS 661.18 Clinical Ed VIII (150 hrs) | 1 ^{CE} |
| MSHS 661.14 Clinical Ed IV (150 hrs) | 1 ^{CE} | MSHS 686 Indiv Study - Research Project | 2 |

TOTAL Hours: 76 quarter credit hours (divided by 1.5 = less than 51 semester credits)

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 AT Program website: <http://www.life.edu/ATEP>