Office for Senior Health and Wellness

A Division of Life Center for Seniors

Stephanie G. B. Sullivan, Director

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Purpose Statement:

The purpose of the Office for Senior Health and Wellness (OSHW) is to cultivate, research, and promote senior health care models, which focus on the rehabilitation of the body and its innate ability to heal. In order to accomplish this purpose, the OSHW consists of three core components: research, education, and marketing.

The research component allows for the development and refinement of senior health care models. Research will be conducted for seniors at all levels of care through investigation into nervous system function and normalization techniques, cognitive rehabilitation, nutrition application, and muscular, skeletal, and visceral system performance enhancement.

The education component assures that model designs are implemented in a safe, effective manner. Focused training sessions, seminars, and general information assemblies are conducted to educate health care providers and members of the community.

The marketing component provides an avenue to promote developed senior health care models. Marketing initiatives raise awareness of senior health care issues, gain funding for research and education, and further contacts in the community that support the purpose of the Office for Senior Health and Wellness and the mission of Life University.