

# Student Affairs

## NEWSLETTER

### Winter 2023



**Student Affairs welcomes undergraduate, graduate and professional students from all states and across the world who call Life University home.**

These students make our campus a diverse and dynamic community of dedicated scholars and very interesting, talented people. Many enroll at Life U directly from high school as undergraduates and others as mature students with significant life and work experience who are preparing for a career change. We have a nearly even mix of females and males in our student population.

At Life U, you'll enjoy an authentic campus experience set on 110 wooded acres conveniently located 20 minutes from downtown Atlanta. Our beautiful, temperate weather; tranquil setting; and easy access to the excitement of a world-class city make it easy to settle in, get comfortable and start exploring. Campus life is an important part of your Life U experience. New endeavors and connections will help you grow, develop and flourish as a person as well as a professional. There's always the opportunity to get involved, expand your talents and enjoy Life U's experience to the fullest.

You'll quickly get to know your peers through significant interaction in our small classroom settings. Numerous campus clubs, athletic teams and activities will also help you get to know students from other disciplines across the university. Our Student Affairs staff is here to support you with a full scope of services ranging from housing assistance to personal counseling and social activities. We hope you enjoy your time at Life University.



**Marc P. Schneider,  
M.Ed., D.C.**  
*Vice President (Class of 1981)*

# Message from the Associate Vice President of Student Affairs/Dean of Students



**Dr. Janna Bredeson**  
*Associate Vice President of Student Affairs and Dean of Students*

As the Associate Vice President (AVP) of Student Affairs and the Dean of Students, it is my pleasure to assist you in your academic, personal and professional development. The AVP/Dean of Students under Student Affairs is staffed with experienced and talented individuals who are ready to support you. We are committed to a vision of diversity and inclusion that fosters all students' academic and personal growth. We are here to help you create a vibrant community that enhances the quality of your student experience.

These efforts include helping students make sensible and informed decisions about academic and personal matters, negotiating the opportunities and challenges that are an important part of a highly demanding academic environment, and finding appropriate resources within and beyond the Division of Student Affairs. We also work with a range of collaborative partners, including academic departments and programs, to create opportunities for students, faculty, staff and community members to integrate the learning that takes place inside and outside of the classroom.

Our office is focused on the education our students receive outside the classroom. Though we are mindful that the intellectual life will be the core of the enterprise at Life U, we are dedicated to the idea that learning continues, is enhanced and is made meaningful beyond the threshold of the conventional classroom. The AVP/Dean of Students can help you work through many questions and concerns even if you are not clear about where to turn for help.

Please feel free to contact us at [DeanofStudents@life.edu](mailto:DeanofStudents@life.edu) if we can be of service. Our number one priority is to make the student experience at Life U a powerful and enriching one.



# Connect Advocate Respect Encourage & Empower



## Life U CARES!

At Life University, we are a supportive small community that wants to make sure our students have the resources they need to help them through their academic and extracurricular journey at Life U.

Reach out so we can help. CARE is a user-friendly resource that you can email at [CARE@life.edu](mailto:CARE@life.edu) and make a request or share a concern that goes to our AVP/Dean of Students, Dr. Janna Bredeson. We will connect you to the CARE Case Manager that will typically make contact by email, so you can meet and learn about the many resources and support services on and off campus.

If you are a student of concern that needs help or support, or if you know someone that is, click on the following link: [https://cm.maxient.com/reportingform.php?LifeUniv&layout\\_id=1](https://cm.maxient.com/reportingform.php?LifeUniv&layout_id=1) and fill out the form, so a member of the Life U community can reach out.

Take advantage of Life U CARES and be part of caring for yourself and your fellow classmates.

We look forward to hearing from you!



**Dr. Lisa Rubin (she, her)**  
*CARE Case Manager*  
Email: [LRubin@life.edu](mailto:LRubin@life.edu)

# Winter 2023 Student Affairs' Events

[Engage.life.edu](https://engage.life.edu)

## STUDENT AFFAIRS LOCATIONS

Find out where many of the Student Affairs resources are located across campus:

[life.edu/about-pages/basic-information/campus-map](https://life.edu/about-pages/basic-information/campus-map)

## LEARNING RESOURCE CENTER (LRC)

- VP of Student Affairs: [life.edu/campus-life-pages/welcome-from-student-affairs](https://life.edu/campus-life-pages/welcome-from-student-affairs)
- AVP of Student Affairs/Dean of Students: [life.edu/campus-life-pages/avp-dean-of-students](https://life.edu/campus-life-pages/avp-dean-of-students)

## STUDENT AFFAIRS DESK

- CARE: [life.edu/campus-life-pages/care](https://life.edu/campus-life-pages/care)
- Career Services: [life.edu/campus-life-pages/career-services](https://life.edu/campus-life-pages/career-services)
- Orientation: [life.edu/campus-life-pages/orientation](https://life.edu/campus-life-pages/orientation)
- Graduation: [life.edu/academic-pages/registrar/graduation-information/graduation-ceremony](https://life.edu/academic-pages/registrar/graduation-information/graduation-ceremony)
- Auxiliary Services: [life.edu/campus-life-pages/auxiliary-services](https://life.edu/campus-life-pages/auxiliary-services)
- Campus Dining: [life.edu/campus-life-pages/dining-services](https://life.edu/campus-life-pages/dining-services)
- Financial Aid: [life.edu/admissions-pages/financial-aid](https://life.edu/admissions-pages/financial-aid)
- Student Accounts: [life.edu/admissions-pages/student-accounts](https://life.edu/admissions-pages/student-accounts)
- Housing/Residential Life: [life.edu/campus-life-pages/housing-overview](https://life.edu/campus-life-pages/housing-overview)
- Card Services: [life.edu/campus-life-pages/eagle-card-services](https://life.edu/campus-life-pages/eagle-card-services)
- Conflict Resolution & Accountability: [life.edu/campus-life-pages/conflict-resolution-and-accountability](https://life.edu/campus-life-pages/conflict-resolution-and-accountability)
- Student Engagement and Leadership: [life.edu/campus-life-pages/student-engagement-and-leadership](https://life.edu/campus-life-pages/student-engagement-and-leadership)
- Student Clubs/Organizations: [life.edu/campus-life-pages/student-engagement-and-leadership/student-organizations-2](https://life.edu/campus-life-pages/student-engagement-and-leadership/student-organizations-2)
- Campus Activity Board (CAB): [life.edu/campus-life-pages/student-engagement-and-leadership/campus-activities-board](https://life.edu/campus-life-pages/student-engagement-and-leadership/campus-activities-board)
- Food4Life: [life.edu/campus-life-pages/food4life](https://life.edu/campus-life-pages/food4life)

## GUY F. RIEKEMAN, D.C. CENTER FOR CHIROPRACTIC EDUCATION (RCCE)

- Disability Services: [life.edu/campus-life-pages/disability-services](https://life.edu/campus-life-pages/disability-services)
- Counseling: [life.edu/campus-life-pages/counseling](https://life.edu/campus-life-pages/counseling)

## CENTER FOR GRADUATED AND UNDERGRADUATE STUDIES (CGUS)

- Life U Shop: [life.edu/campus-life-pages/life-u-shop](https://life.edu/campus-life-pages/life-u-shop)

## CENTER FOR ATHLETICS AND SPORT HEALTH SCIENCE (SHS)

- Life University Fitness Center: [life.edu/campus-life-pages/campus-recreation/fitness-center](https://life.edu/campus-life-pages/campus-recreation/fitness-center)
- Intramural & Recreational Programs: [life.edu/campus-life-pages/campus-recreation/intramural-sports](https://life.edu/campus-life-pages/campus-recreation/intramural-sports)
- Sports Clubs: [life.edu/campus-life-pages/campus-recreation/sport-clubs](https://life.edu/campus-life-pages/campus-recreation/sport-clubs)

## 1085 BARCLAY CIRCLE

- Campus Safety: [life.edu/campus-life-pages/campus-safety](https://life.edu/campus-life-pages/campus-safety)

# Student Affairs Tips

## Career Tip: Tend to Your Network

Whether it's finding a new job or asking for advice, your network helps your career in many ways. And while growing your network is an ongoing task, so is tending to the network you've cultivated.

If all you do is take from your network, it's unlikely to be as supportive of you when you need it. So, make sure you give as much or even more back to your network as you take.

Things as simple as congratulating someone on a new job, liking a LinkedIn post or connecting people to others in your network are gestures that strengthen and support your network connections. Over time, your network will come to think of you as a strong link in the chain that they are happy to help.

### Please see Engage for Career Services Events:

[engage.life.edu/organization/careerservicescgus](https://engage.life.edu/organization/careerservicescgus)

- Career Fair and Free Professional Lacrosse Game:  
Friday, February 10, 2023 at 4:30 p.m.
- Coffee and Career Exploration: Wednesday,  
February 22, 2023 at 4:00 p.m.
- One Chance: First Impressions – Résumé Building Night:  
Wednesday, March 1, 2023 at 7:00 p.m.
- Time to Impress in Person: The Mock Interview Night:  
Wednesday, March 8, 2023 at 7:00 p.m.

### Find out more about Career Services:

[life.edu/campus-life-pages/career-services](https://life.edu/campus-life-pages/career-services)

### Student Job Positions in Student Affairs:

[life.edu/about-pages/human-resources/student-employment](https://life.edu/about-pages/human-resources/student-employment)



**Sam Clark (she/her)**  
*Director of Career  
Services*