

Life University complies with Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1990, as amended and the ADA 2008. These laws provide a framework for qualified individuals with documented disabilities to request reasonable accommodations needed to participate in a program. Reasonable accommodations are defined as adjustments or modifications that enable a qualified individual with a documented disability to participate as fully as possible in an educational program. An adjustment or modification must be reasonable and may not be provided if it would alter essential academic or technical requirements or result in undue financial or administrative burdens.

Qualified candidates with documented disabilities who wish to request accommodations under the American with Disabilities Act or the Rehabilitation Act must follow the University's procedure for requesting an accommodation. This procedure requires the submission to the Student Success Center of a written request for accommodations, along with supporting documentation from a licensed professional demonstrating the existence of a disability, the functional limitations resulting from the disability, and the need for specific accommodations. Documentation must meet specific Guidelines, which are set forth in the Student Handbook.

Technical Standards for Admission

In addition to the general requirements for admission and continued enrollment, all applicants to Life University must be able to meet and maintain the University's technical standards for the specific program for which they are applying or enrolled. Technical standards are those physical, behavioral, emotional, and cognitive criteria that an applicant must meet at the time of application to and during enrollment in that specific program at the University. These standards are essential requirements needed to participate fully and complete the entire spectrum of study, training and experiences within an educational program offered by the University. All official clinical and academic communications will be in English.

Applicants must review the technical standards that apply to the specific educational program in which they intend to enroll. All applicants are required to certify in writing that they have read, understand, and are able to meet and maintain the standards of that program with or without a reasonable accommodation. This information is provided in order to help every applicant be aware of the required performance and expectations associated with different educational programs that the University offers.

Exercise Science and Sport Health Science Students: Individuals who seek to earn a Bachelor of Science degree in Exercise Science or a Master's degree in Sport Health Science must be able to assume responsibility for providing services to patients and/or clients safely and ethically in the fitness, health, and athletic (sport) fields. All students must complete the curriculum in order to graduate with the respective degree. Students in Exercise Science and Sport Health Science must demonstrate certain minimum essential skills, including, but not limited to the following in order to be admitted to and successfully complete these programs:

Sensory/Observation:

1. Obtain an appropriate health/fitness/medical history from the patient/client.
2. Accurately examine body systems and determine visual, hearing, speech and non-verbal communication, cognition, strength, flexibility, body composition and functional capacities of patients/clients.
3. Accurately examine cardiovascular fitness, including but not limited to, vital signs, blood pressure, heart sounds, respiration rate/ breathing patterns, and exercise endurance.
4. Observe demonstrations and participate in classroom and laboratory experiences.
5. Reliably read all equipment monitors and dials.

Communication:

1. Communicate effectively with patient/clients and others in a respectful, professional, polite and confident manner in order to elicit information.
2. Communicate effectively with patients/clients in order to elicit information.
3. Maintain accurate documentation in patient/client records.
4. Demonstrate effective use of therapeutic communication including, but not limited to maintaining eye contact, attending, clarifying, coaching, facilitating, and palpation.
5. Demonstrate respect of personal space of patients/clients and others.
6. Demonstrate appropriate non-verbal communication.
7. Translate and communicate complex information simply and clearly.
8. Maintain confidentiality of patient/client information/records according to all federal and state standards.
9. Demonstrate understanding of English including speaking, reading, and writing.
10. Use communication technology effectively, i.e. telephone, computer, e-mail.

Motor/Strength/Coordination:

1. Accurately and effectively use manual techniques to assess pulses, skin condition, musculoskeletal, joint and limb movement.
2. Manipulate with precision dials, knobs, and other parts of equipment used in the clinical setting.
3. Negotiate level surfaces, stairs, ramps and equipment that move as necessary to assist patients/clients appropriately; perform a variety of examinations and procedures effectively which require changing position, sitting, standing, squatting, kneeling, and maintaining balance.
4. Respond quickly and effectively to sudden or unexpected movements of patients/clients.
5. Perform basic Cardiopulmonary Resuscitation (C.P.R.), infant through adult, including the proper use of an AED.
6. Demonstrate the ability to sustain adequate performance in the clinical setting.

Intellectual-Conceptual, Integrative and Quantitative Abilities:

1. Demonstrate the ability to recall knowledge, comprehend and interpret, apply, analyze, and evaluate information obtained during didactic, laboratory, and/or practice setting experiences.
2. Demonstrate problem-solving skills necessary for identifying/prioritizing problems, and developing appropriate solutions and treatment plans for patient/client problems as well as evaluating those solutions for efficacy.
3. Demonstrate the ability to evaluate and apply scientific research as well as the ability to effectively identify relevant research literature in the field using electronic databases.
4. Demonstrate the ability to identify complex relationships and to problem solve in group, individual, and collaborative settings.
5. Demonstrate the ability to successfully pass various skill assessments composed of, but not limited to essay, oral and/or extended multiple choice tests, compositions, oral presentations, and lab practicals designed to assess cognitive and non-cognitive skills.

Behavioral and Social Attributes:

1. Demonstrate attributes of honesty, integrity, enthusiasm, compassion, and empathy for others.
2. Demonstrate ability to critique own performance, accept responsibility for one's own actions, and follow through on commitments and assignments.
3. Actively seek help when necessary and appropriately utilize constructive feedback.
4. Demonstrate organizational skills, completing all professional responsibilities and assignments in a timely manner.
5. Adapt to ever-changing environments, demonstrating flexibility, and learning in the face of the uncertainties and stresses inherent in the educational and practice settings.
6. Respect cultural and personal differences of others, including being non-judgmental.
7. Delegate responsibility appropriately, and function as a member of a team.
8. Maintain appropriate personal hygiene and adhere to dress codes mandated by the University and clinical setting(s).
9. Demonstrate appropriate judgment in the prompt completion of all academic and clinical responsibilities.
10. Demonstrate mature, sensitive, ethical and effective relationships with patients/clients and other professionals.
11. Demonstrate the ability to function effectively under stress and/or potentially life threatening emergency.
12. Demonstrate the ability to adapt to change to exhibit flexibility in the face of stressful situations.
13. Demonstrate empathy, integrity, compassion, motivation, and commitment commensurate with professional standards in the field.
14. Demonstrate the professional attributes of honesty, caring, respect, trustworthiness, competence, and responsibility to and for their colleagues and patients/clients.
15. Maintain appropriate professional boundaries with patients/clients.

I hereby certify that I have read and understand the Technical Standards Policy as listed above and in the Life University Catalog and am able to perform the essential and fundamental functions, requirements and tasks of the Exercise Science and Sport Health Science Program with or without a reasonable accommodation.

STUDENT NAME (Please Print)

STUDENT ID

SIGNATURE OF APPLICANT

DATE SIGNED

This electronic signature is your confirmation that you have read and understand the Technical Standards Policy applicable to your intended program and you are certifying that you are able to perform the essential and fundamental functions, requirements and tasks of the program with or without a reasonable accommodation. Once you type your name and the date in the corresponding fields and upload the form to your apply.LIFE.edu account, this will be legally considered your signature.