#### Who is your Academic Support Professional?

Mark A. Pilgrim, M.Ed. mark.pilgrim@life.edu



My name is Mark Pilgrim, and I'm excited to join the Student Success Center Academic team this year. I was born and raised on the twin islands of Trinidad and Tobago. After moving to Georgia in 1999, I attended Kennesaw State University (KSU) where I completed my Bachelors in Business Administration. At the time, I was working as a student assistant/orientation leader for KSU and was then promoted to the Coordinator for Orientation and Transition Programs (OTP). It was during my first years in this role where I truly found my passion, which is helping build leaders by cultivating an

environment that will challenge the status quo so they can become extraordinary leaders in their communities. I continued my education at Georgia Southern University where I obtained my Masters in Higher Education Administration. I believe that we all have the right to be our authentic self in and out of safe spaces here at Life University. My goal is to ensure that students feel not only a sense of pride for Life University, but also feel that this is the right fit for their higher education journey!

## **Student Success Center**

## Academic Support Multicultural Support Programs



### African American Leaders Promoting Higher Achievement

# **Life University**

#### **Contact Us**

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#### Who we are

AALPHA (African American Leaders Promoting Higher Achievement) offers academic support resources for Multicultural, primarily African American students: Undergraduate, Master's and Doctor of Chiropractic as they transition and adjust to their new cultural and academic surroundings. We want to guide our students towards achieving their academic, cultural transition and leadership goals as they join Life U's community.

#### Goals

- To create an institutional climate in which multicultural students feel valued, included, supported and empowered to reach their full academic and human potential.
- To strengthen the relationships between multicultural students and their peers, faculty, staff, administrators and alumni.
- To strengthen the engagement of Multicultural students at the University and in the surrounding community.
- To create pathways for Multicultural students to move successfully through their University careers and into rich and rewarding professional careers.
- To know the resources available to you to achieve academic success.

### **Our Services**

#### **Peer Mentoring**



The Student Success Center's peer mentoring program STARS matches students that have been at Life University for more than a year with newer students. This program will assist you in having a guide on the side to share experiences on how to achieve academic success. Meet new people and make the most out of your time at Life University by joining our program!

### **Academic and Cultural Workshops**



A series of workshops are offered each quarter that cover topics that are relevant to you. Designed for non-native, English speakers to achieve their academic, professional, and personal potential. Workshops range from learning how to study to learning styles, like time management, strategies for reading and note-taking, how to get the most out of your test preparation, and life skills and cultural enhancement

#### **Academic Support Professional**



Through one-on-one strategic meetings you will have the opportunity to develop new strategies, build existing skills, and figure out how you are uniquely wired in order to maximize your learning experience. Our support professionals will help you navigate the different resources available through the Student Success Center's Academic Support.