

A Master's at LIFE Enhances Life's Journey

Life University's Graduate Program in Sport Health Science prepares highly qualified individuals for careers in research, teaching, cardiac and pulmonary rehabilitation, sport injury management, health promotion, corporate fitness, and community-based fitness and wellness programs. For students who plan to pursue further study, achieving a Master's in Sport Health Science builds a strong foundation for advanced education in fields such as physical and occupational therapy, medicine or research.

LIFE's Learning Environment

Sport Health Science Master's candidates at Life University learn from professors who have worked in the field with world-class athletes and as clinical exercise physiologists in hospital-based cardiopulmonary rehabilitation programs. Master's candidates are immersed in a living laboratory in the Life University Sport Science Institute (LUSSI) where they will work directly with athletes, under faculty supervision, providing services ranging from pre-event conditioning to injury management and rehabilitation. They explore the areas of exercise physiology, biomechanics and sports chiropractic through hands-on care of clients.

Sport Health Science Master's candidates work in the functional rehabilitation facilities of our public Center for Health and Optimum Performance (C-HOP), which logs 60,000 patient visits annually. Graduate students also help community members achieve greater levels of daily function and sport performance. Students can also choose internship or practicum experiences to gain further hands-on education in cardiac rehabilitation and adult fitness programs in hospitals, corporate organizations or community settings.

LIFE Opportunities

Graduate studies at Life University prepare Sport Health Science professionals for a career developing testing and training protocols for individuals, leading group classes, consulting with teams as sport injury specialists and serving as resources in health clubs, cardiac rehabilitation centers and corporate fitness programs.

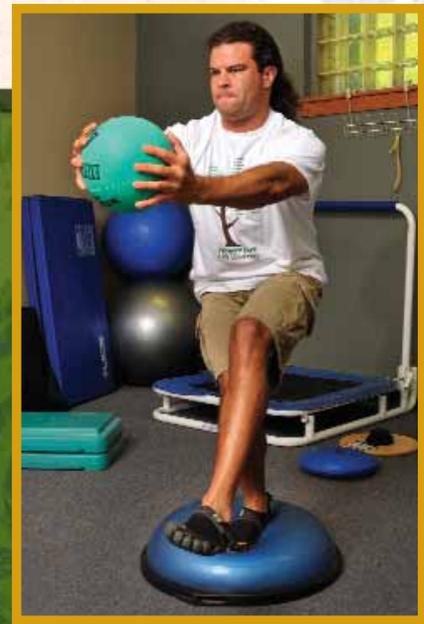


baccalaureate students and career changers, graduate students will feel comfortable here among mature, interesting classmates with diverse career backgrounds.

Because we believe students are best served by a curriculum that provides life skills, as well as profession-specific competencies, our students also experience LIFE's Eight Core Proficiencies. Woven throughout all LIFE's work and academic experience are seminars and coursework on topics such as Integrity and Citizenship, Contemporary Scientific Paradigms and Philosophy of Human Existence and Healthcare Policy. These Core Proficiencies advance personal integrity and provide students with a strong foundation for professional success, social contribution and cultural change.

LIFE's stimulating learning environment makes your daily experience as a student pleasant, too. Our beautiful, 100-plus-acre campus includes wooded walking and jogging trails, outstanding fitness facilities and plenty of attractive gathering spaces where students enjoy the natural surroundings. Students interested in personal fitness frequent our well-equipped Wellness Center featuring aerobic and strength-training equipment and a wide variety of workout classes daily.

Free parking is abundant, and our location 20 minutes from downtown Atlanta is convenient, but keeps you out of the city traffic. Because LIFE follows a quarterly curriculum calendar, students can enroll throughout the year and achieve their Master's of Science in Sport Health Science quicker by taking courses year round.



The LIFE Experience

LIFE's campus pulses with top students who share a deep commitment to helping others and making the world a better place. That spirit, and LIFE's unique vitalistic philosophy that respects the inborn healing abilities of the body (and how exercise enhances health and human performance) make the campus a caring, service-oriented and dynamic community.

Although classes with hundreds of students might be the norm at many large universities, LIFE's Sport Health Science students enjoy intimate classes where they can work closely with student peers and have significant small-group and one-on-one interaction with faculty mentors. Because our student population includes many post-



Career Life, After LIFE

Due to rapid growth in sports medicine, employment opportunities for exercise science professionals are expected to increase much faster than the average for all occupations through 2014, according to the U.S. Department of Labor Bureau of Labor Statistics Occupational Outlook Handbook. The American College of Sports Medicine (ACSM) is leading a national initiative advocating exercise as an integral part of healthcare and working to further increase the number of physicians who prescribe exercise to their patients. These activities are leading to even greater collaboration between physicians and exercise professionals to benefit patients for whom exercise and increased physical activity can prevent, treat or manage chronic conditions. Aging baby boomers concerned with staying healthy and independent are also fueling the demand for exercise professionals, as is the decline of physical education programs in schools coupled with parents' growing concerns about childhood obesity.

Sport Health Science professionals play diverse and key roles within the sport medicine arena, a growing branch of medicine that focuses on diagnosing and treating conditions and injuries related to sports and those that impact sport performance, as well as focusing on injury and disease prevention and management.



"I've always been serious about sports. When I decided to go for my Master's, I knew I needed to get serious about my education, too. LIFE's program is challenging, but I'm supported every step of the way, and I know it's going to pay off for me and my future clients."



Start Your LIFE Journey

Based on experiences of other students, we recommend four steps to determine if a Master's in Sport Health Science is part of your LIFE journey. As you decide whether to pursue all or some of the following steps, know we are simply a dial or a click away from getting you started. Call (800) 543-3202 or Email Admissions@LIFE.edu.

First...Ask Questions. We are here to guide you through all you need and want to know about Life University. If you are asking yourself the question, let us give you the answer quickly and completely so you can start your journey with us.

Second...Talk to Students and Alums. Credibility derives from the impressions of others. We are confident time spent with our students and alumni will provide significant value as you assess Life University.

Third...Visit Our Campus. Credibility also derives from personal experience. Schedule a tour with us. Experience what LIFE has to offer you. Take in the sights and sounds of nearby Atlanta. Immerse yourself in all that is LIFE.

Fourth...Follow LIFE Online. Prefer to remain anonymous before pursuing your path to prosperity? Our social media sites allow you to follow what's happening at Life University. Hit us up at [Twitter.com/LIFEUniversity](https://twitter.com/LIFEUniversity). Like us on [Facebook.com/LIFE.edu](https://facebook.com/LIFE.edu). Watch us on [YouTube.com/LifeatLIFE](https://youtube.com/LifeatLIFE). Visit us at LIFE.edu.

Dig Deeper - Talk to Alums and Students, Visit Campus

Prospective students tell us the most important thing they did while considering which school to attend was actually visiting the campus. To learn more about a successful career in sport health science, talk to our faculty or schedule a campus visit, check out our website at www.LIFE.edu or contact our Admissions Department at Admissions@LIFE.edu; 800-543-3202.

Call or email us and we'll link you with a working professional you can email, call or even visit. We are also happy to connect you with current sport health science students.

Who We Are

Life University educates more than 2,200 students in bachelor's degree programs in Biology, Biopsychology, Business Administration, Computer Information Management, Exercise Science, General Studies, Health Coaching, Nutrition, Dietetics and Psychology; our Master of Science in Sport Health Science; our Master of Science in Clinical Nutrition; and our Doctor of Chiropractic programs. All programs are uniquely focused on a positive, wellness-centered approach to health and human performance, and students are actively engaged in a diverse and highly supportive academic community.



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MAKE YOUR MARK

