## MIX MINGLE & GROW

Spring 2023
Join us for an opportunity to mix, mingle, relax and learn a new strategy to help navigate life!

Week 4: Tuesday. April 25th - CGUS Week 9: Tuesday. May 30th - RCCE

Time: 11:00 am - 12:30 pm

Drop In For Free Food, Fun & Giveaways

## FOR MORE INFORMATION. CONTACT:

Vincent D. Hinton, Director of Counseling Services vincent.hinton@life.edu or 770.426.2725 or counseling@life.edu Visit: engage.life.edu to learn more or to RSVP (recommended)