

Brendan R. Ozawa-de Silva

Associate Professor of Psychology
Life University
1269 Barclay Circle, Marietta, GA 30060
brendan.ozawa@life.edu

Education

Doctorate (Ph.D.), Emory University, 2015.

West and South Asian Religions. *Dissertation title*: “Becoming the Wish-Fulfilling Tree: Compassion and the Transformation of Ethical Subjectivity in the Lojong Tradition of Tibetan Buddhism.”
Advisor: Dr. John Dunne.

Doctorate (D.Phil.), University of Oxford, 2003.

Modern History. *Dissertation title*: “The ‘Church In Socialism’: Protestant Church Leaders and the East German State, 1969-1989.” Supervisor: Prof. Timothy Garton Ash.

M.T.S. (Master of Theological Studies), Boston University, School of Theology, 2001, *summa cum laude*.

M.Phil. (Master of Philosophy), University of Oxford, 1998.

Russian and East European Studies.

B.S.F.S. (Bachelor of Science in Foreign Service), Georgetown University, School of Foreign Service,
1996, *cum laude*.

Current Full-Time Position

Associate Professor of Psychology | Department of Positive Human Development and Social Change |
Life University, 2012-present.

Associate Director | Center for Compassion, Integrity and Secular Ethics | Life University, 2014-present.

Current Part-Time Positions

Research Fellow, Emory-Tibet Partnership, and lead instructor for the Cognitively-Based Compassion
Training (CBCT) program at Emory University, 2007-present.

Associate Director for Buddhist Studies and Practice Programs, Drepung Loseling Monastery, Inc., 2005-
present.

Previous Positions

Coordinator for the Visit of His Holiness the Dalai Lama, Emory University, 2007 and 2010.

Religious Life Scholar and Advisor for Buddhism, Office of Religious Life, Emory University, 2007-2014.

Visiting Scholar, Candler School of Theology, Emory University, 2005-6.

Visiting Professor of World Religions and Spirituality, Candler School of Theology, Emory University,
2004-5.

Postdoctoral Fellow in Religious Practices and Practical Theology, Candler School of Theology and the Graduate Division of Religion, Emory University, 2003-4.

Earhart Foundation Research Fellow, Institute for the Study of Economic Culture, Boston University, 2000-1.

Intern, The US Department of State, Desk for German, Austrian and Swiss Affairs, 1996.

Intern, The White House, Office of the Advisor to the President for Domestic Policy, 1995.

Intern, The Office of Senator John Kerry, Boston, Massachusetts, 1995.

Peer-Reviewed Journal Articles

Murphy, C., Ozawa-de Silva, B., and Winskell, M. "Towards Compassionate Global Citizenship: Educating the Heart through Development Education and Cognitively-Based Compassion Training," *Policy and Practice: A Development Education Review* 19 (2014).

Flores, T.V., Ozawa-de Silva, B., and Murphy, C. "Peace Studies and the Dalai Lama's Approach of Secular Ethics: Towards a Positive, Multidimensional Model of Health and Flourishing," *Journal of Healthcare, Science and the Humanities*, vol. 4, no. 2 (Fall, 2014), pp. 65-92.

Ozawa-de Silva, B. "Secular Ethics, Embodied Cognitive Logics, and Education," *Journal of Contemplative Inquiry*, No. 1 (2014).

Ozawa-de Silva, B., Dodson-Lavelle, B., Raison, C., and Negi, L.T. "Compassion and Ethics: Scientific and Practical Approaches to the Cultivation of Compassion as a Foundation for Ethical Subjectivity and Well-Being," *Journal of Healthcare, Science and the Humanities* vol. 2, no. 1. (February, 2012), 145-161.

Ozawa-de Silva, B. "Prophetic Courage and the Will of God: Comparative Ethics through the Writings of Dietrich Bonhoeffer and Nishida Kitaro," *Journal of Inter-religious Dialogue*, Issue 8 (February, 2012).

Pace, T.W.W., Negi, L.T., Dodson-Lavelle, B., Ozawa-de Silva, B., Reddy, S.D., Cole, S.P., Danese, A., Craighaid, L.W. and Raison, C.L. "Engagement with Cognitively-Based Compassion Training is associated with reduced salivary C-reactive protein from before to after training in foster care program adolescents," *Journal of Psychoneuroendocrinology* (Epub: July 2, 2012).

Reddy, S., Negi, L.T., Dodson-Lavelle, B., Ozawa-de Silva, B., Pace, T.W., Cole, S.P., Raison, C.L., and Craighead, L. "Cognitive-Based Compassion Training: A promising prevention strategy for at-risk adolescents." *Journal of Child and Family Studies* (21 February, 2012).

Ozawa-de Silva, B. and Dodson-Lavelle, B. "An Education of Heart and Mind: Practical and Theoretical Issues in Teaching Cognitive-Based Compassion Training to Children," *Practical Matters*, Issue 4 (Spring, 2011).

Ozawa-de Silva, C. and Ozawa-de Silva, B. "Mind/Body Theory and Practice in Tibetan Medicine and Buddhism," *Body & Society*, vol. 17, no.1 (2011), pp. 95-119.

Ozawa-de Silva, C. and Ozawa-de Silva, B. "Secularizing Religious Practices: Subjectivity and Existential Transformation in Naikan Therapy," *Journal for the Scientific Study of Religion* vol. 49, no. 1 (2010), pp. 147-161.

Ozawa-de Silva, B. "Peace, Pastors and Politics: Tactics of Resistance in East Germany," *Journal of Church and State*, vol. 47 (Summer 2005), pp. 503-529.

Book Chapters

Dodson-Lavelle, B., Ozawa-de Silva, B., Raison, C.L. and Negi, L.T. "Healing Through Compassion: Cognitively-Based Compassion Training for Foster Care Youth." In Follette, V. et al., eds., *Contemplative Methods in Trauma Treatment: Integrating Mindfulness and Other Approaches* (Guilford Press, 2015).

Ozawa-de Silva, B. "Religion, Spirituality, and Mental Health: Towards a Preventive Model Based on the Cultivation of Basic Human Values." In Ellen Idler, ed., *Religion as a Social Determinant of Public Health: Interdisciplinary Inquiries* (Oxford University Press: New York, 2014).

Negi, L.T. and Ozawa-de Silva, B. "Refuge Meditation in Tibetan Buddhism." In Ellen Idler, ed., *Religion as a Social Determinant of Public Health: Interdisciplinary Inquiries* (Oxford University Press: New York, 2014).

Ozawa-de Silva, B. and Negi, L.T. "Cognitively-Based Compassion Training: Protocol and Key Concepts." In Singer, T., and M. Bolz, *Compassion: Bridging Theory and Practice*, 2013. Online access at www.compassion-training.org.

Ozawa-de Silva, B. "The Protestant Church and the East German State: An Organizational Perspective" in *East Germany: Continuity and Change*, ed. Paul Cooke and Jonathan Grix (Rodopi Press: Atlanta, Ga, 2000).

Other Publications

Posters:

Fernandez Carriba, S., Robbins, E., Jarzabek, E., Dodson-Lavelle, B., Ozawa-de Silva, B., Pace, T., Raison, C.L, Rochat, P. & Negi, L.T. "Compassion meditation in parents of children with ASD and potential effects on stress, parenting skills and children's outcomes." International Society for Autism Research (IMFAR) Annual Meeting, Salt Lake City, Utah, May 13-16, 2015.

Fernandez-Carriba, S., Robbins, E., Dodson-Lavelle, B., Ozawa-de Silva, B., Pace, T., Raison, C.L., Rochat, P., Negi, L.T. "Effects of Cognitively-Based Compassion Training (CBCT) on Relational Competence in Children, Teachers and Parents." CCARE Science of Compassion, San Francisco, CA, November 10-11, 2014.

Pace, T.W.W., Negi, L.T., Dodson-Lavelle, B., Ozawa-de Silva, B., Reddy, S.D., Cole, S.P., Craighaid, L.W. and Raison, C.L. "Cognitively-Based Compassion Training reduces peripheral inflammation in adolescents in foster care with high rates of early life adversity." *BMC Complementary and Alternative Medicine* 2012, 12 (Suppl 1):175.

Book Reviews:

Ozawa-de Silva, B., Review of Geoffrey Hill, *The Orchards of Syon*. *Chicago Review* (Summer 2004).

Published Conference Papers:

Ozawa-de Silva, B. "The State as Legitimate God-Given Authority? Some Thoughts on Ethical Historiography and the Future of Europe." Published paper from the conference *The Contours of Legitimacy in Central Europe: New Approaches in Graduate Studies*, 25 May 2002, Oxford, United Kingdom Available at: http://users.ox.ac.uk/~oaces/conference/papers/Brendan_Ozawa-de_Silva.pdf

Film and Video

Appearance in the documentary film, *Raising Compassion*, on the study and practice of compassion meditation. Available at: www.compassion-training.org.

"Paying Attention to the Contents of Mindfulness: Meditation within the Context of Secular Ethics," Presentation at McGill University Advanced Study Institute, 2013. Available at: <https://blogs.mcgill.ca/tcpsych/tag/brendan-ozawa-de-silva/>

"Educating the Heart and Mind: Teaching Cognitive-Based Compassion Training to Children." Presentation to H.H. the Dalai Lama at Emory University, October 8, 2010. Available at: <http://www.youtube.com/watch?v=tVes5vao2a8>

Other Academic and Research Activities and Positions

Associate Editor and Founders Advisory Board Member, *The Journal of Healthcare, Science and the Humanities*.

Principal Investigator, "Effects of Cognitively-Based Compassion Training for Teachers on Elementary School Children." Co-investigators: Dr. Lobsang Tenzin Negi (Emory University) and Dr. Erin Robbins (Emory University). Funded by Life University Office of Sponsored Research, 2014-present.

Co-Investigator, "The Impact of Cognitive-Based Compassion Training on the Perceived Experience of Workplace Incivility among Neonatal Intensive Care Nurses." Co-investigators: Dr. Lobsang Tenzin Negi (Emory University), Myra Rolfes (Children's Healthcare of Atlanta), Lori Schuyler-Hickey (Children's Healthcare of Atlanta), Brenda Presha (Children's Healthcare of Atlanta), Brooke Cherven (Children's Healthcare of Atlanta), Courtney McCracken (Emory University). Funded by Children's Healthcare of Atlanta, Dudley L. Moore Endowment. 2014-present.

Co-Investigator, "Cognitively Based Compassion Training for Parents of Children with Autism Spectrum Disorder." Principal investigator: Dr. Samuel Fernandez Carriba (Marcus Institute). 2014-present.

Co-Investigator, "Evaluating Cognitive-Based Compassion Training for Children in an Educational Setting." With co-investigators Dr. Philippe Rochat, Dr. Lobsang Tenzin Negi, and Dr. Charles Raison. 2011-2013. Funded by the Religion and Public Health Collaborative, Emory University.

Co-Investigator, "In the Eyes of Others: Youth, Suicide, and Meaning in Contemporary Japan and America." With Dr. Corey Keyes, Dr. Chikako Ozawa-de Silva and Dr. Susan Bauer-Wu. 2011-present. Funded by the Religion and Public Health Collaborative, Emory University.

Lead meditation instructor, “A Study of Cognitively-Based Compassion Training (CBCT) to Enhance Health and Well-Being in Adolescents in Foster Care in Metropolitan Atlanta.” Principle Investigators: Dr. Charles Raison (Emory University), Dr. Linda Craighead (Emory University) and Dr. Lobsang Tenzin Negi (Emory University). Funded by the Georgia Department of Family and Child Services, 2009-2011.

Lead meditation instructor, CALM research study on effects of compassion meditation among healthy adults. Principal Investigators: Dr. Charles Raison (Emory University) and Dr. Lobsang Tenzin Negi (Emory University). Funded by the National Institutes of Health (NIH), 2008-2013.

Research Assistant, MASTER research study on the effects of mindfulness meditation on autologous bone-marrow transplant cancer patients. Principal Investigator: Dr. Susan Bauer-Wu (Emory University). 2007-2009.

Founding Associate Editor for Production, *Practical Matters: An interdisciplinary multimedia journal at Emory University*. www.practicalmattersjournal.org

Program Assistant and Instructor, Tibetan Mind/Body Sciences Summer Study Abroad Program in Dharamsala (2009-2012). Responsible for helping to design and lead a summer study abroad program for American undergraduates in Dharamsala, India, studying Tibetan contemplative and medical science in dialogue with western science, including teaching classes on “Culture of Buddhist Tibet” and “Mind, Body and Medicine.”

Conference Presentations

World Congress of the International Positive Psychology Association, Orlando, FL, June 25-28, 2015. Panel symposium: “Contemplative Science as a Resource for Positive Psychology: Empirical Findings and Practice Insights from the Buddhist Mind Training Tradition”; Discussion hour on “Defining and Measuring Compassionate Integrity”; and Workshop on “Systematic Training in Sustainable Forms of Compassion.”

Conference on Buddhism and Well-Being: Therapeutic Approaches to Human Flourishing, University of British Columbia, Vancouver, Canada, May 28-30, 2015. Paper: “Healing through Compassion: The Implementation of Buddhism-Derived Compassion Training in Schools and Other Contexts.”

Healthcare Chaplaincy Network Conference: Caring for the Human Spirit, Orlando, FL, April 20-22, 2015. Presentation title, “The Impact of Cognitively-Based Compassion Training on the Perceived Experience of Workplace Incivility among Neonatal Intensive Care Nurses.” With Myra Rolfes, N, BSN, RNC-NICRN, and Brenda Prescha, MDiv, CT, BCC.

Society for Psychological Anthropology Biennial Meeting, Boston, MA, April 9-12, 2015. Member on panel: “The Promise and Perils of Compassion in Everyday Suffering.” Paper: “The Cultural Psychology of Mindfulness and Compassion: The Secularization, Translation and Adaptation of Normative Meditation Practices.”

Emory University, “Religion as a Social Determinant of Health,” organized by the Religion and Public Health Collaborative, Emory University, Atlanta, GA, November 6-7, 2014. Member on two panels: “Public Health in the Practices of the World’s Faith Traditions” and on “Religion and Public Health across the Life Course.”

International Symposium on Contemplative Studies, Boston, MA, October 30-November 2, 2014. Paper: "The Rhetoric of Nonconceptuality and the Role of Analysis in Meditation and Mindfulness: Reconciling Traditional Buddhist and Modern Scientific Approaches."

University of North Georgia, Arts & Letters Conference on "Utopia in the Arts, Humanities and Social Sciences," Dahlonega, GA, February 28-March 2, 2014. Paper: "Secular ethics, spiritual practice, and utopia."

University of West Georgia Annual Interdisciplinary Conference in the Humanities: Professions, Carrollton, GA, November 2, 2013. Paper: "Secular Ethics: Conceptual and Practical Issues in Bringing Compassion, Mindfulness and Basic Human Values into Education."

Advanced Study Institute on "Mindfulness in Cultural Context," McGill University, Montreal, Canada, June 3-5, 2013. Paper: "Attending to the Contents of Mindfulness."

Global Health and Humanitarian Summit, Atlanta, GA, April 13, 2013. "Secular Ethics and Compassion: How We Can Train Ourselves and Our Children in Basic Human Values that Promote Flourishing and Resilience."

First International Symposium on Contemplative Studies, Denver, CO, April 27, 2012. "Cognitively-Based Compassion Training (CBCT): Theoretical Framework, Teaching Approaches and Preliminary Findings."

"How to Train Compassion" International conference, hosted by the Max Planck Institute for Social Neuroscience. Berlin, Germany. July 20-23, 2011. Presentation: "Cognitively-Based Compassion Training."

American Academy of Religion, Atlanta, GA, November 1, 2010. Panel organizer and member: "What's at Stake in Contemplative Science? Secularism, Reductionism and Other Key Issues in the Scientific Study of Contemplative Practices." Presentation: "Embodied Cognitive Logics: Putting Body and Mind Together Again."

"Compassion Meditation: Mapping Current Research and Charting Future Directions." A conference with H.H. the Dalai Lama, Emory University, Atlanta, GA, October 18, 2010. Conference organizer and speaker. Presentation: "Educating the Heart and Mind: Teaching Cognitive-Based Compassion Training to Children."

SECSOR (Southeastern Commission for the Study of Religion), Atlanta, GA, March 6, 2010. Panel member: "Contemplative Science: A Panel Discussion on Current Research, Methodological Concerns and the Development of Cross Disciplinary Discourse."

"From the Brain to Human Culture: Intersections between the Humanities and Neuroscience," an interdisciplinary conference sponsored by the Comparative Humanities Program at Bucknell University, April 20-22, 2007. Paper: "Reading and Meditation: Cognitive Science Approaches." Co-presented with Prof. Nancy Chase, Georgia State University.

SECSOR (Southeastern Commission for the Study of Religion), March 16-18, 2007. Invited panel member: "Embodied Pedagogy: Best Practices."

NEXUS Interdisciplinary Conference on Religion and Nation, University of Tennessee, April 7-8, 2006. Invited speaker. Paper: "Religious Practices and Religious Imagination as Resources for Social Change."

SECSOR (Southeastern Commission for the Study of Religion), March 10-12, 2006. Paper: "Truth, Practice and Diversity: Teaching World Religions as Dialogue."

American Academy of Religion, Atlanta, GA, November 2003. Paper: "Lessons from East Germany: Intersections of Historiography, Ethics, and Theology Moving into the Twenty-first Century."

International Conference on "The Contours of Legitimacy in Central Europe: New Approaches in Graduate Studies," St. Antony's College, Oxford University, May 24-26, 2002. Paper: "The State as Legitimate God-Given Authority? *Obrigkeit* and the East German Churches."

"East Germany: Continuity and Change" conference at Birmingham University, U.K, May, 1998. Paper: "The Protestant Church and the East German State: An Organizational Perspective."

Invited Talks and Presentations (selected list)

Centers for Disease Control and Prevention (CDC), Division of Adolescent and School Health (DASH). "Mindfulness and Compassion Meditation in Schools." Atlanta, GA, September 9, 2014.

Moderator for "Social Connectivity & Well-being: Emerging Insights from Cognitively-Based Compassion Training Research." Drepung Loseling Monastery, Atlanta, GA, September 4, 2014.

Moderator for "A Conversation Among Presidents: The Evolving Social Contract," featuring the Presidents of Emory University, Georgia State University, Georgia Institute of Technology, Agnes Scott College and Moorehouse College. Emory University, April 2, 2014.

Children in Crossfire TIDAL (Teachers in Development and Learning) Workshop. "Teaching Compassion." Derry, Northern Ireland, March 21, 2014.

Peachtree United Methodist Church. January 22, 2014. "Compassion and Spiritual Development: Science and Practice."

International Community School, October 30, 2013. "Cognitively-Based Compassion Training for Children."

Berkeley Lake Town Hall, June 20, 2013. "Cognitively-Based Compassion Training."

Agnes Scott Summer Institute for Teachers, Agnes Scott College, Decatur, Georgia, June 20, 2013. Workshop on "Cognitively-Based Compassion Training in Schools."

Educating the Heart: Engaging Educators in an Exploration of Compassion for Teaching and Learning in Northern Ireland. An Audience with His Holiness the Dalai Lama. Organized by Children in Crossfire. Derry, Northern Ireland, April 18, 2013. "Educating Children in Compassion: Methods and Preliminary Results."

Global Health and Humanitarian Summit, Atlanta, GA, April 14, 2013. "Cognitively-Based Compassion Training: Developing Mindfulness and Compassion through Meditation for Health, Well-Being and Constructive Relationships."

Meditation Research Seminar, Emory University, Atlanta, GA. "Designing Graduate Curricula in Secular Ethics and Contemplative Practices." February 27, 2013.

Jewish Family and Career Services, Clinical Division, Atlanta, GA. "Cognitively-Based Compassion Training as an Evidence-Based Intervention for Promoting Health, Flourishing and Resilience." February 27, 2013.

National Association for College and University Chaplains, Annual Meeting. "Buddhism in the Media." February 19, 2013.

Drepung Loseling Monastery, Inc., Atlanta, GA. Traditions in Dialogue Series. "Compassion in the Classroom: Cognitively-Based Compassion Training for Children and His Holiness the Dalai Lama's Vision for Secular Ethics in Education." January 15, 2013.

Carlos Museum, Atlanta, GA. "The Body and Mandala in the Tibetan Buddhist Practice of Kalachakra: Interpreting the Kalachakra Scroll." February 8, 2012.

Carlos Museum, Atlanta, GA. "Communing with the Unseen: The Role of Oracles and Divination in Tibetan Politics, Medicine and Spirituality." October 23, 2011.

Meditation Research Seminar, Emory University, Atlanta, GA. "Investigating the Effects of Meditation on Positive Mental Health Cross-Culturally: Some Initial Findings among Japanese and Tibetans." October 19, 2011.

Meditation Research Seminar, Emory University, Atlanta, GA. "Secularizing Religious Practices: Theoretical and Empirical Issues." November 20, 2009.

Haydn Celebration performance of "The Seven Last Words of Christ" with the Vega String Quartet, October 25, 2009, Emerson Hall, Schwartz Center, Emory University.

Mary & Martha's Place. Atlanta, GA. "Meditation and the Mind-Body Connection." February 28, 2009.

Piedmont College, Athens, GA. Conference on "Who is My Neighbor? The Changing Religious South." Talk title: "Cultivating Compassion." February 20-21, 2009.

"Depression, Buddhism and the Work of Culture: Implications for Contemplative Studies." Meditation Research Seminar, Emory University, Atlanta, GA. February 13, 2009.

Program on "Ethics, Religion and Spirituality." Organized by the Health Care Ethics Consortium of Georgia and the Center for Ethics at Emory University, at Southern Regional Medical Center, Atlanta. Panel member. November 30, 2006.

Emory University School of Nursing, Interfaith panel member in class for graduating nursing school students. November 21, 2006.

Festival of India, Interfaith Seminar, Atlanta. Panel member. August 19, 2006.

"Buddhism." Marcus Jewish Community Center, Atlanta, Comparative Religion Series. May 4, 2006.

"Symbols of the Sacred in Tibetan Buddhism." Carlos Museum, Emory University. March 20, 2006.

- “The Four Noble Truths.” Piedmont College, World Religions Class. September 20, 2005.
- “Religious Education as Spiritual Formation.” Candler School of Theology, Religious Education Retreat. February 26, 2005.
- “Lecture on Buddhism.” Oak Grove United Methodist Church, Atlanta, GA. Feb 13, 2005.
- “The Poetry of Meditation.” Candler School of Theology, MTS Colloquy. Atlanta, GA. November 16, 2004.
- “Teaching Spiritual Practices / Teaching as a Spiritual Practice: The Role of the Guru in Tantric Buddhism.” Emory University, Faculty Seminar on Religious Practices and Practical Theology. March 5, 2004.
- “Crossing Boundaries” Workshop. Mary & Martha’s Place. Talk title: “Buddhism, Human Potential, and the Christian Life.” Atlanta, GA. February 28, 2004.
- “The Bodhisattva Way of Life: How Buddhists and Christians Can Get Into Spiritual Relationship.” Vedanta Center of Atlanta. January 25, 2004. Invited again on October 10, 2004.

Professional Service

- Associate Editor and Founder on the Editorial Board, *Journal of Healthcare, Science and the Humanities*.
- Peer reviewer for the journals *Body & Society*; *Journal for the Scientific Study of Religion*; and *Transcultural Psychiatry*.
- Conference co-organizer for the Octagon Conference at Life University, Marietta, GA, April 2014 on “Integrity and Citizenship.”
- Conference organizer for “Compassion: Issues in the secularization and scientific study of compassion meditation as a practice of ethical formation” at Emory University, Atlanta, GA, April 25, 2011. Funded by the Initiative in Religious Practices and Practical Theology, Emory University.
- Executive committee member and organizer of the International Conference on Tibetan Buddhism, October 18-20, 2010, at Emory University, Atlanta, GA. This conference, hosted by Emory University and the Office of Tibet in New York, brought over 350 leaders, scholars, teachers, translators, administrators and other related individuals from over a dozen countries across the Tibetan Buddhist world to discuss the key issues facing the Tibetan Buddhist tradition over a period of two-and-a-half days. Served as one of the two executive committee members from Emory University who oversaw all aspects of conference planning and execution.
- Conference organizer and speaker for “Compassion Meditation: Mapping Current Research and Charting Future Directions,” Emory University, Atlanta, GA, October 18, 2010. This conference brought leading scientists, scholars, and educators together to interact with each other and with H.H. the Dalai Lama on the topic of the scientific study of compassion meditation and its implementation in diverse settings before an audience of over 3,000 attendees. Served as the principal coordinator among four executive committee members responsible for this conference.

Conference organizer for “Mindfulness, Compassion, and the Treatment of Depression,” Emory University, October 20, 2007. This conference, co-hosted by the Mind and Life Institute, brought together leading scientists and scholars to interact with each other and H.H. the Dalai Lama to discuss the scientific study of compassion, meditation, and depression. Served as the principal coordinator among four executive committee members responsible for this conference.

Grants & Scholarships

Life University Office of Sponsored Research Grant for the study “Effects of Cognitively-Based Compassion Training for Teachers on Elementary School Children,” 2014-2015. \$16,000.

Dissertation Completion Award, Initiative in Religious Practices and Practical Theology, Emory University, 2012-2013. \$8,000.

Religion and Public Health Collaborative Seed Grant, 2011. \$21,250. “Evaluating Cognitive-Based Compassion Training for Children in an Educational Setting.” Principle Investigators: Dr. Brendan Ozawa-de Silva, Dr. Philippe Rochat, Dr. Charles Raison, Dr. Lobsang Tenzin Negi.

Religion and Public Health Collaborative Seed Grant, 2011. \$21,250. “In the Eyes of Others: Youth, Suicide, and Meaning in Contemporary Japan and America.” Principle Investigators: Dr. Chikako Ozawa-de Silva, Dr. Brendan Ozawa-de Silva, Dr. Corey Keyes, Dr. Susan Bauer-Wu.

Full Graduate Scholarship, Emory University, 2007-present.

Earhart Foundation, H.B. Earhart Graduate Fellowship recipient, 2000-2001. \$12,000.

Lilly Endowment Grant, 1999-2000. Amount: \$10,000.

Two-year Merit Scholarship, Boston University School of Theology, 1999-2001.

Maurice Latey Award, Oxford University, Spring, 1998. Re-awarded in Fall, 1998.

Fulbright Scholarship (declined), 1996.

National Merit Scholarship, 1992-1996.

Courses Designed and Taught

Psychology

- “Foundations of Contemplative Science.” (Graduate level, Life University)
- “Secular Ethics and Compassion.” (Life University)
- “Positive Psychology.” (Life University)
- “Psychology of Mind and Body.” (Life University)
- “Psychology of Religion and Spirituality.” (Life University)
- “Mind and Brain from the Perspectives of Buddhism and Western Science.” Center for Mind, Brain and Culture (CMBC) sponsored doctoral-level graduate seminar, cross-listed in Psychology and Religion. Co-designed and co-taught. Fall, 2009. (Emory University)

Religion

- “Buddhist-Christian Dialogue.” Master’s-level seminar. Designed and taught. Spring, 2005. (Emory University)
- “Buddhist and Christian Spiritual Practices and Social Change.” Master’s level-seminar. Designed and taught, 2004 and 2005. (Emory University)
- “Poetry of Meditation in Zen, Sufism, and Christianity.” Master’s-level seminar. Designed and taught. Fall, 2004. (Emory University)
- “Introduction to Church and Community Ministries.” Required Master’s-level course for MDiv students. Taught twice, 2003 and 2004. (Emory University)
- “Buddhist Philosophy.” Undergraduate course. Served as a teaching assistant for Geshe Lobsang Tenzin. Fall, 2008. (Emory University)
- “Interdisciplinary Seminar in Religious Practices and Practical Theology.” Ph.D. seminar. Assisted as post-doctoral fellow. Spring, 2004. (Emory University)

Interdisciplinary

- “The Life and Works of H.H. the 14th Dalai Lama.” Undergraduate seminar. Designed and co-taught. Cross-listed in Religion and Interdisciplinary Studies. Fall, 2010. (Emory University)
- “Religion and Therapy.” Doctoral-level graduate seminar. Cross-listed in Anthropology and Religion. Co-designed and co-taught. 2003-2010. (University of Chicago and Emory University).
- “Compassion, Contemplation, and Conflict Transformation.” Master’s-level seminar on the potential for the Buddhist and Christian contemplative traditions to contribute to the field of conflict transformation and social change. Co-designed and co-taught. Spring, 2009. (Emory University).
- “Culture of Buddhist Tibet.” Undergraduate seminar on Tibetan Buddhist religion and culture with a focus on practices related to healing. Co-taught in Dharamsala, India, as part of Emory University’s Tibetan Mind/Body Sciences summer study abroad program. Summers 2009-2012. (Emory University)
- “Mind, Body and Medicine.” Undergraduate seminar on Tibetan Buddhist contemplative theory and practice, the scientific study of meditation, and Tibetan medicine. Co-designed and co-taught in Dharamsala, India, as part of Emory University’s Tibetan Mind/Body Sciences summer study abroad program. Summers 2009-2012. (Emory University)

Directed Studies

- “Church and Community”
- “Buddhist and Christian Spiritual Practices and Social Change”
- “Poetry of Meditation”
- “The Religious Poetry of Geoffrey Hill.”

Supervision and Advising

Doctoral students:

Sara McConnell, Sophia University, 2014-present

Emma Brooks, Walden University, 2014-present

Masters students:

Melissa Range, Candler School of Theology, Emory University, 2005. “‘A word we have not learned’:
The Religious Impulse in the Poetry of Gerard Manley Hopkins and Gjertrud Schnackenberg.”

Languages

Fluent German; Intermediate Tibetan, Sanskrit, Japanese, Russian, and Latin; Basic French.

Professional Associations

The Association for Contemplative Mind in Higher Education

The American Academy of Religion

The Society for the Scientific Study of Religion

The American Anthropological Association

The Society for Psychological Anthropology

The Modern Languages Association

The American Academy of Poets