

## Thursday

Time	Activity	Location	Notes
All Day	Recommended Travel Day		LIFE does not provide hotel accommodations for the night, but discounted rates are available.
Every 2 Hours as Traffic Permits 10:00 <sup>AM</sup> – 10:00 <sup>PM</sup>	Airport Shuttles		<u>A&amp;M Shuttle Reservations are necessary to catch this shuttle.</u> A LIFE representative will meet you at the North Terminal Baggage Claim by the Georgia Lottery booth behind Carousel 4.
10:30 <sup>AM</sup> – 8:00 <sup>PM</sup>	Weekend Registration	Wyndham Atlanta Galleria Lobby	All airport shuttle users will be dropped off in the lobby of the Wyndham Atlanta Galleria. Weekend welcome packets and check in will occur on Thursday. Those checking in late Thursday or Friday will receive their welcome packet on Friday morning.
6:00 – 7:30 <sup>PM</sup>	LIFE Mix and Mingle Event	Wyndham Atlanta Galleria Restaurant and Outdoor Patio	Meet the Enrollment staff and our Student Ambassadors and get to know other weekend attendees.

## Friday

Time	Activity	Location	Notes
5:45 – 7:00 <sup>AM</sup>	Breakfast	Hotel Restaurant	A breakfast buffet is offered; please be sure to eat before departure.
7:15 <sup>AM</sup>	Campus Shuttles leave promptly at 7:15 <sup>AM</sup>	Wyndham Atlanta Galleria Lobby	<b>Meet in the lobby at 7:00<sup>AM</sup> with your name tag! Due to limited parking on campus, please leave your car at the hotel and ride the shuttle to campus.</b>
8:00 <sup>AM</sup>	Registration/Ice Breakers/ Collecting Documents	Lower Gym	Drop off official documents and meet our staff and the other weekend attendees.
8:30 – 8:40 <sup>AM</sup>	Welcome!	Lower Gym	Life University welcomes you and your guests to Atlanta!
8:40 <sup>AM</sup>	Opening Session "Why Choose Chiropractic?"	Lower Gym	Life University Chancellor, Dr. Guy Riekeman, helps you find your place in the chiropractic world.
10:45 – 11:00 <sup>AM</sup>	Weekend Announcements	Lower Gym	We set the stage for what to expect for the weekend.
11:00 – 12:30 <sup>PM</sup>	Lunch & Student Services Fair	Lower Gym & Upper Gym	A catered lunch is served onsite. Ask Enrollment Staff & Student Services professionals all your questions regarding housing, academics, financial aid, advising, and more.
12:00 – 12:20 <sup>PM</sup>	Guest Speaker	Lower Gym	Meet LIFE U faculty member Dr. Hussein Elsangak.
12:30 – 12:40 <sup>PM</sup>	College of Chiropractic Overview	Lower Gym	Meet LIFE U's Dean of the College of Chiropractic, Dr. Leslie King!
12:40 – 1:30 <sup>PM</sup>	Enrollment/ Financial Aid Workshop	Lower Gym	Get your Enrollment & Financial Aid questions answered.
12:40 – 1:30 <sup>PM</sup>	International Enrollment Breakout Session	Athletics Conference Room	Get your International Enrollment questions answered.
1:30 – 4:00 <sup>PM</sup>	Tour of Campus	LIFE's Campus	Explore the campus with our Student Ambassadors (current LIFE students) and Enrollment staff.
4:00 – 5:00 <sup>PM</sup>	Life University Student Panel	Lower Gym	Panel of Student Ambassadors discuss their journey to and through LIFE and answer your questions.
5:00 <sup>PM</sup>	Dinner	Lower Gym	Dinner is catered onsite. If you are on the Atlanta Bus trip Saturday morning, please confirm your attendance during dinner.
6:00 <sup>PM</sup>	Guest Speaker	Lower Gym	Hear from Dr. Eric Plasker, practicing chiropractor and founder of The 100 Year Lifestyle.
7:30 <sup>PM</sup>	Hotel Shuttle	Lower Gym Roundabout	The shuttle will return to the hotel after the Guest Speaker concludes.

# Saturday

# LIFE Leadership Weekend

Time	Activity	Location	Notes
7:00–10:00 <sup>AM</sup>	Breakfast	Hotel Restaurant	Please enjoy the complimentary hotel breakfast buffet. Additional items may be purchased from the restaurant menu if you desire.
8:00 <sup>AM</sup> –12:00 <sup>PM</sup>	Optional Trip to Centennial Park And Downtown Atlanta Or Morning Off	Atlanta	Visit the World of Coca-Cola, the Aquarium or the CNN Center and other attractions and enjoy Atlanta. <b>You may purchase your tickets in advance online.</b> If you are taking this optional trip, you need to be in the lobby of the Wyndham Atlanta Galleria @ 8:00 <sup>AM</sup> ; the bus departs sharply @ 8:30 <sup>AM</sup> . The bus will leave Centennial Park at 11:15 <sup>AM</sup> and return to campus for lunch and the next event.
10:30–11:15 <sup>AM</sup>	Optional Information Session for Undergraduate & Graduate Programs	Wyndham Restaurant and Bar Seating Area	Would you like to learn more about the Undergraduate & Graduate opportunities here at Life University? Please join us for an informal Q & A session with our LIFE Admissions Counselors before you head to campus for Saturday's activities.
11:00–11:45 <sup>AM</sup>	Optional Yoga Session	Life University Lyceum Park	If you did not go to Atlanta and signed up to attend our FREE Yoga session please meet in the lobby of the Wyndham Atlanta Galleria at 10:30AM to take the shuttle to Life University. Please bring everything you will need for the day as participants will go straight into the LLW scheduled activities after the Yoga session.
11:15 <sup>AM</sup>	Campus Shuttle	Hotel Lobby	If you did not go to Atlanta or participate in Yoga, meet in the hotel lobby @ 11:15 <sup>AM</sup> to take the shuttles to campus.
12:00–12:15 <sup>PM</sup>	Meet our President	Lower Gym	Our President, Dr. Rob Scott, welcomes you to day two of LIFE Leadership Weekend!
12:15–1:00 <sup>PM</sup>	Lunch	Lower Gym	A catered lunch is served onsite.
12:30–12:45 <sup>PM</sup>	Guest Speaker	Lower Gym	Meet former Student Ambassador & Chiropractor, Dr. Veronica Garcia Chaparro.
1:00 <sup>PM</sup>	Hotel Shuttle Departs at 1:15 <sup>PM</sup>	Lower Gym Roundabout	We encourage all guests to participate in the Experiential Leadership Workshop, but if you do not wish to participate in the workshop, the shuttle will take you back to the hotel.
1:15–5:00 <sup>PM</sup>	Leadership Experiential Workshop <b>Mandatory for ALL prospective students, but optional for guests.</b>	Lower Gym	This experience is a personal development activity and is conducted outdoors. <b>Please dress casually (in active gear) and wear weather appropriate/comfortable clothes &amp; shoes. No sandals/flip flops please.</b>
4:30 <sup>PM</sup>	Campus Shuttle	Hotel Lobby	If your guest did not participate in the Leadership Experiential Workshop and wants to return to campus for the closing dinner, they must meet in the hotel lobby at 4:30 <sup>PM</sup> to take the shuttle.
5:00–6:00 <sup>PM</sup>	Dinner	Lower Gym	Enjoy dinner with LIFE faculty, staff, students and LIFEforce Doctors!
6:30–8:00 <sup>PM</sup>	LIFEforce Dessert Party Sponsored by the President's Circle	Socrates Café	End the weekend by spending some quality time in our Socrates Cafe and patio with the LIFEforce doctors, other students and staff. Dessert and refreshments provided.
8:00 <sup>PM</sup>	Hotel Shuttle	Chiro Building at Main Entrance	The shuttle will return to the hotel. The shuttle will depart promptly at 8:00 <sup>PM</sup> .

# Sunday

Time	Activity	Location	Notes
All Day	Recommended Travel Day		LIFE does not provide hotel accommodations for the night, but discounted rates are available if you choose to stay.
By Reservation Only 5:00 <sup>AM</sup> –12:00 <sup>PM</sup>	Airport Shuttles	Wyndham Atlanta Galleria Lobby	A&M Shuttle Reservations are necessary to catch this shuttle. Reserved shuttles leave on the hour between 5:00 a.m.-12:00 p.m.

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#LIFELeadershipWeekend  
#OurLIFEU #LifeUniversity

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