



## PRESS RELEASE

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### **LIFE ALUMNA DR. SECORA LAMBERT RECEIVES RECOGNITION FROM SCORE'S AMERICAN SMALL BUSINESS CHAMPIONSHIP AND CITY OF STONECREST FOR SUCCESS OF LAMBERT CHIROPRACTIC AND WELLNESS CENTER, P.C.**

**Marietta, Georgia, July 10, 2018** – Thirteen years ago, Dr. Secora Lambert started Lambert Chiropractic and Wellness Center, P.C. to serve the DeKalb County community. As a former All-American athlete, Lambert was helped significantly by a local chiropractor in her Los Angeles metro hometown of Pomona and credits that care to her successful high school and collegiate athletic career in basketball and track and field. So much so that Lambert decided that she too would one day be a chiropractor who served others like herself. That dream came true when Lambert relocated to Atlanta and began study at Life University, the largest single-campus chiropractic program in the world. This March, Lambert's efforts as a small business owner and health and wellness advocate resulted in her being recognized as one of 102 small business owners nationwide, and only one of two in the state of Georgia, in SCORE's American Small Business Championship.

Lambert, a one-time high school educator, makes a difference by focusing on increasing awareness and knowledge of the systemic health issues prominent in the community she serves, which has a high African-American population. Ongoing outreach efforts include fitness, nutrition and overall wellness classes. Working with Edward L. Bouie Sr. Traditional Theme School, Lambert educated staff and parents on the importance of proper nutrition, stress management, hydration and effective chiropractic care. She also implemented weekly fitness classes. Lambert reaches other members of the community through various grassroots outreach efforts that educate the community on the latest trends in health, nutrition and wellness with the goal of helping the community establish healthier habits that result in a happier, longer life.

On June 18, the new city of Stonecrest, where Lambert Chiropractic and Wellness Center, P.C. is located, honored the businesswoman, educator, community advocate, wife, mother and grandmother. Joined by Stonecrest City Council Member District 2 Rob Turner, Mayor Jason Lary, Sr. presented Lambert with a proclamation declaring June 18 Lambert Chiropractic and Wellness Center P.C. Day in the city of Stonecrest in recognition of its work in the community and Lambert's recognition from SCORE's American Small Business Championship supported by Sam's Club. Lambert is still in the running to become one of three grand prize winners as well.

[About Life University](#)



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Founded in Marietta, Georgia in 1974, Life University is a health sciences institution most known for its chiropractic program, the largest single campus chiropractic program in the world. Life University is regionally accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) to award baccalaureate, master's and Doctor of Chiropractic degrees, and also has programmatic accreditation through the Council on Chiropractic Education (CCE), the Accreditation Council for Education in Nutrition and Dietetics (ACEND) and the Commission on Accreditation of Athletic Training Education (CAATE). The mission of Life University is to empower students with the education, skills and values necessary for career success and life fulfillment, based on a vitalistic philosophy.

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