

# Master of Athletic Training Degree Program (updated May 2016)

## Life University

### Accreditation and BOC Exam

This Master of Athletic Training (MAT) program was accredited by the Commission on Accreditation of Athletic Training Education (CAATE) in October 2014. The first class graduated in June 2014 and sat for the BOC exam. BOC pass rates will be available for three years of program graduates on the MAT program and CAATE websites.

### Introduction

Students will earn a Master of Athletic Training (MAT) degree. It is a 2-year, full-time professional program. As a "professional" program, students in the MAT program would enter with no or minimal knowledge and experience in athletic training. However, after graduating from this curriculum, students would meet and exceed all the minimal requirements to sit for the national Board of Certification (BOC) exam. Students should refer to the college catalog for graduation requirements.

### Prerequisite Courses (Undergraduate)

Chemistry I	Kines or Biomechanics (recommended)
Physics I	Exercise Physiology (recommended)
Human Anatomy	Statistics (recommended)
Human Physiology	Psychology - General (recommended)

### Admission Requirements

- Bachelor's degree from an accredited institution
- Cumulative Grade Point Average/GPA: 3.00 or higher
- Prerequisite Course grades: C or higher (see left side)
- Clinical Observation = 75 hours (supervised by ATC)
- Other items: letter of intent (including 6 questions), 3 recommendation forms, resume', \$50 fee;
- Physical Exam & Medical History form
- GRE 280 cum, 3.5 writing; TOEFL 500-paper, 61-ibt, 173- comp

**Clinical Education (CE):** This experience begins annually around August 1. Students must get an average minimum of 15 hours/week and maximum of 25 hours/week for Clinical Ed courses (see CE below). Students complete a minimum of 1,200 hours in two years in a variety of sports, patient-types, and settings (which includes an additional 50 hours of misc. hours).

<b>First Year</b>	<b>39</b>	<b>Second Year</b>	<b>37</b>
<b><u>Summer (7 credits)</u></b>		<b><u>Summer (6 credits)</u></b>	
MSHS 641 Athletic Injury Care	4	MSHS 667 Clinical Conditions	4
MSHS 605 Evaluation Fundamentals	2	MSHS 661.15 Clinical Ed V (150 hrs)	1 <sup>CE</sup>
MSHS 661.11 Clinical Ed I (100 hrs)	1 <sup>CE</sup>	MSHS 686 Indiv Study - Research Project	1
<b><u>Fall (9 credits)</u></b>		<b><u>Fall (10 credits)</u></b>	
MSHS 670 Kinesiology of Sport	4	MSHS 624 Strength Training & Devel.	4
MSHS 650 Injury Assessment: Lower Ext	4	MSHS 612 Exercise Testing & Prescription	4
MSHS 661.12 Clinical Ed II (150 hrs)	1 <sup>CE</sup>	MSHS 661.16 Clinical Ed VI (150 hrs)	1 <sup>CE</sup>
<b><u>Winter (13 credits)</u></b>		<b><u>Winter (11 credits)</u></b>	
MSHS 680 Research Methods	4	MSHS 622 Nutrition for Fitness & Sport	4
MSHS 652 Injury Assessment: Upper Ext	4	MSHS 654 Administration in Healthcare	4
MSHS 646 Therapeutic Agents	4	MSHS 661.17 Clinical Ed VII (150 hrs)	1 <sup>CE</sup>
MSHS 661.13 Clinical Ed III (150 hrs)	1 <sup>CE</sup>	MSHS 686 Indiv Study - Research Project	2
<b><u>Spring (10 credits)</u></b>		<b><u>Spring (10 credits)</u></b>	
MSHS 600 Exercise Physiology	4	MSHS 656 Sport Psychology	4
MSHS 648 Therapeutic Exercise	4	MSHS 655 Professional Dev. in AT	3
MSHS 647 Therapeutic Ex Lab for AT	1	MSHS 661.18 Clinical Ed VIII (150 hrs)	1 <sup>CE</sup>
MSHS 661.14 Clinical Ed IV (150 hrs)	1 <sup>CE</sup>	MSHS 686 Indiv Study - Research Project 2	2

**TOTAL Hours: 76 quarter credit hours (divided by 1.5 = less than 51 semester credits)**

**MAT Program Director:** Dr. Donald Fuller, PhD, ATC, LAT  
 Phone: 770-426-2771  
 MAT Program website: [www.life.edu/ATEP](http://www.life.edu/ATEP)

Email: [Donald.Fuller@life.edu](mailto:Donald.Fuller@life.edu)