



Re: COVID-19 Update

To: Life University Students, Staff and Faculty

Early last night we were made aware of a Life University student who sought medical care for flu-like symptoms. Since then, we have been in constant communication with the both the student and the Cobb & Douglas Public Health Department. It is important to note that at this time, the student, while symptomatic of the flu, has not been positively identified with COVID-19. While the risk to the LIFE community of COVID-19 is extremely low, we are responding in a precautionary manner.

In the meantime and with guidance from county public health department personnel, the institution took immediate and appropriate measures with the individual involved until testing is conducted and the results are known. If any further action or update on this situation is required, it will be done and communicated with expediency. Until then, the usual precautions are in place for our staff and students:

- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your face with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick. Err on the side of caution.
- Cover your cough/sneeze with a tissue; then, discard the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Get your spine checked and adjusted regularly to ensure your nerve system is able to optimally adapt to these external stresses.
- Get rest, eat well and exercise.

Sincerely,

A handwritten signature in black ink, appearing to read "Rob Scott", with a large, sweeping flourish extending to the right.

Rob Scott, D.C., Ph.D.
President, Life University

