# CHARMAINE A. HERMAN, BA, BS, MA, DC

Life University - College of Chiropractic - Division of Clinical Science

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# **EDUCATION:**

07/05-03/09 Sherman College of Chiropractic, Spartanburg, SC

<u>Degree</u>: Doctor of Chiropractic (DC)

01/87-06/92 University of South Carolina, Columbia, SC

08/01-06/03 <u>Degrees</u>: Graduate Certification in Women's Studies - 2003

Master of Arts (M.A) in American History – 2002 Bachelor of Science (B.S) in Biology -1992 Bachelor of Arts (B.A) in History - 1991

## CHIROPRACTIC LICENSURE:

11/17/09 GA State Chiropractic License including PT Modalities (CHIR008584) - Expires 12/31/20

## **CERTIFICATIONS:**

| 9/28/19 | <b>Bronze and Silver Award Mentor Certificate</b> – Girl Scouts of Greater |
|---------|--|
|         | Atlanta  |

9/25/18 **Protecting Human Research Participants Training and Certification** - NIH Office of Extramural Research

9/5/16 HIPPA Privacy and Security Rules and HITECH Training and Certification – Compliance Office of Life University

10/5/13 **Faculty Blair Upper Cervical Chiropractic Technique Certification**: This certification is awarded to full-time faculty with a minimum for two years instruction/practice experience to teach the Blair Primary and Intermediate technique course at a chiropractic college to students and faculty

### HONORS & ACHIEVEMENTS:

4/6/20 Vulcan Materials Company's Teaching Excellence Award -

Recognizes an outstanding faculty member who demonstrates strong academic skills in the classroom and provides leadership and support in other areas of campus life. The recipient is a faculty member who assists the institution in nurturing an academic climate that fosters learning and provides leadership to enhance the campus community.

| 4/6/20   | <b>Life University Faculty Research Award</b> – for chiropractic research publication and presentation  |
|----------|---|
| 3/26/20  | <b>Faculty Excellence Award</b> – Selected by Life University College of Chiropractic March 2020 Doctor of Chiropractic graduating class  |
| 12/10/19 | <b>Faculty Excellence Award</b> – Selected by Life University College of Chiropractic December 2019 Doctor of Chiropractic graduating class   |
| 9/26/19  | <b>Faculty Excellence Award</b> – Selected by Life University College of Chiropractic September 2019 Doctor of Chiropractic graduating class  |
| 6/8/19   | <b>2019 Upper Cervical Researcher of the Year</b> – awarded by the ICA Council on Upper Cervical Care at Advances in Spinal Care Symposium – Denver, Colorado   |
| 1/19     | <b>Life University Faculty Research Award</b> – for chiropractic research publications and presentations  |
| 10/18    | <b>Associate Professor -</b> Rank and Promotion Achieved – Life University, College of Chiropractic, Marietta, GA.  |
| 9/21/18  | <b>Faculty Excellence Award</b> – Selected by Life University College of Chiropractic September 2018 Doctor of Chiropractic graduating class  |
| 7/18     | <b>Life University Faculty Research Awards</b> – for chiropractic research platform presentation at IRAPS 2017 and published article. Life University, Marietta, GA   |
| 5/18     | <b>2017-2018 Student Club Adviser of the Yea</b> r – Life University, Marietta, GA  |
| 4/18     | <b>CETL Brightee Award Winner Winter 2018</b> - For integration of Blackboard quizzes and the testing center to conduct secure, and weekly IRAT assessments. Life University Center for Teaching and Learning, Marietta, GA   |
| 11/17    | <b>2018 Top Atlanta Chiropractors</b> – Awarded to chiropractors in the Atlanta area based for exceptional service determined by votes from patients and colleagues. Atlanta Magazine, Atlanta, Georgia                       |
| 7/17     | <b>OSRSA Research Grant Award Recipient</b> (\$30, 614) – Life University Office of Sponsored Research and Scholarly Activity award for the two-year project, "Educating the 21 <sup>st</sup> Century Doctor of Chiropractic" |
| 11/16    | <b>Life University Faculty Research Award</b> – for chiropractic research publication   |
| 10/16    | Blair Upper Cervical Society Chiropractor of the Year 2016 Recognition by the William G. Blair Chiropractic Society for contributions to research and the growth of the Blair Upper Cervical chiropractic                     |

technique at Life University by establishing a Blair UC technique elective in the College of Chiropractic curriculum

- 7/16 **Life University Faculty Research Award** for chiropractic research poster presentation at ACC-RAC, Life University, Marietta, GA
- 7/15 **Life University Faculty Research Award** for chiropractic research publication and poster presentation at ACC-RAC, Life University, Marietta, GA

## PROFESSIONAL CHIROPRACTIC EXPERIENCE:

05/13/13 to pres.

Agape Upper Cervical Health Center, Inc., Owner – 1122

Cambridge Square Suite A Alpharetta, GA 30009

<u>Responsibilities</u>: Performing new patient intake, performing report of findings, performing x-ray analysis, establishing plan of care for patient, advising patient on health promotion and assessing patient health status, documenting patient care using SOAP notes. Patient billing and financial reports. Performing chiropractic adjustments utilizing the following techniques:

\*Thompson \*Blair Upper Cervical \*Toggle Recoil \*Activator

# CHIROPRACTIC ORGANIZATIONS & AFFILIATIONS

| 9/20 - pres. | ICA Ad Hoc Diversity and Inclusion Committee, Member                 |
|--------------|--|
| 9/20 – pres. | American Black Chiropractic Association (ABCA), Member               |
| 12/19 -pres. | International Chiropractic Association (ICA), Member                 |
| 2/18 – pres. | ICA Council on Upper Cervical Care, Member                           |
| 4/16 - pres. | Blair UC Chiropractic Society, College Liaison Committee, Member     |
| 5/16 – pres. | McCoy Chiropractic Publications, Peer Reviewer                       |
| 3/15 - pres. | Blair UC Chiropractic Society, Research Committee, Member            |
| 10/13- pres. | Blair UC Chiropractic Society, Instruction Committee Member          |
| 6/09 - 6/12  | American Black Chiropractic Association (ABCA) Membership Committee, |
|              | Chairperson  |

- Organized Membership Committee meetings
- Presided over meetings via conference call
- Collected applications from chiropractors seeking membership
- Promoting membership at chiropractic colleges
- Created and printed membership certificates

9/08- 6/10 American Black Chiropractic Association (ABCA) Scholarship Committee, Chairperson

- Organized meetings for the Scholarship Committee
- Presided over meetings via conference call
- Collected applications and essays from chiropractic students
- Chose scholarship recipients

• Created and printed scholarship certificates

2008-pres Christian Chiropractic Association (CCA), Member

#### HIGHER EDUCATION PROFESSIONAL EXPERIENCE:

10/18 - Pres Associate Professor – Life University College of Chiropractic, Division of

Clinical Sciences, Marietta, GA

Courses Taught: CLET 3826 - Head & Neck Clinical Case Integration

Lecture/Lab (Fall 2017 to pres.)

ANLS 5802 - Blair Condylar Misalignment and Analysis

Lecture/Lab (Winter 2016 to pres.)

CLET 4862- Advanced Case Integration I Lab Instructor

CLET 3757 - Clinical Skills Lab Instructor

DIAG 2730 – Orthopedic Diagnosis Lab Instructor

DIAG 2725 - Visceral Clinical Assessment Lab Instructor

07/14- Pres Assistant Professor – Life University College of Chiropractic, Division of Clinical

Sciences, Marietta, GA

<u>Courses Taught</u>: CLET 3826 - Head & Neck Clinical Case Integration

Lecture/Lab (Fall 2017 to pres.)

ANLS 5802 - Blair Condylar Misalignment and Analysis

Lecture/Lab (Winter 2016 to pres.)

CLET 4862- Advanced Case Integration I Lab

CLET 3757 - Clinical Skills Lab

DIAG 2725 - Visceral Clinical Assessment Lab

DIAG 2730 - Orthopedic Diagnosis Lab DIAG 2735 - Clinical Laboratory Studies DIAG 3835 - Integrated Diagnosis Lab DIAG 3750 - Special Senses Diagnosis Lab

CLET 3828 - Lumbopelvic Clinical Case Integration Lab

<u>LU Committees:</u> **College of Chiropractic Faculty Adviser** – 117 students (2019–pres.)

**LAMP – Graduate College Ad Hoc Committee,** Member (2019)

Engage Advisory Board, Member (2017 - 2018)
Conduct Review Board, Chairperson (2017 - pres.)
Title IX Review Board, Member (2018 - pres.)

**College of Chiropractic Curriculum Sub-Committee**, Member (2017

- pres.)

Rank & Promotion Procedural Committee, Member (2017 - pres.)

**Faculty Development Committee**, Member (2017 – 2018) **Clinical Sciences Faculty Search Committee**, Chair (Fall `16)

**Diversity Committee**, Secretary (2009 - pres.)

**Conduct Review Board**, Faculty Member (2016 - 2017) **COC Scheduling Committee**, Member (2015 - 2016)

Rank and Promotion Rubric Ad Hoc Committee, Member (2015 -16)

**3rd Quarter Curriculum Committee**, Member (2015 - 2016)

# **LU Club Advisor:** National Upper Cervical Chiropractic Association (NUCCA) Club -

advising club executive committee, attending meetings, and mentoring (Summer 2019 to pres.)

**The Remarkable Practice -** advising club executive committee, attending meetings, and mentoring (Spring 2019 to pres.)

**Student American Black Chiropractic Association** - advising club executive committee, attending meetings, and mentoring (Fall 2017 to pres.)

**Blair Upper Cervical Technique Club** – advising club executive committee, attending meetings and contributing to Blair UC instruction (Summer 2016 – Fall 2019)

**Toggle Technique Club**- advising club executive committee, attending meetings and contributing to Blair UC instruction (Fall 2014 - Summer 2016)

**Upper Cervical Student Society** - advising club executive committee, attending meetings and assisted with obtaining speakers for presentations (Fall 2013 - Summer 2016)

# 01/11-12/14 Undergraduate Biology and Chemistry Laboratory Coordinator – Life

University, Marietta, GA

Natural Science Department:

Responsibilities: Daily set-up general/organic chemistry and

biology/anatomy labs

Preparing solutions and medium

Ordering supplies

Performing supply inventory

Hiring laboratory assistants/work study students

Managing laboratory assistants

# 04/09-7/14. **Adjunct Instructor** – Life University College of Undergraduate Studies,

Marietta, GA

General Studies Department:

Courses Taught: HIS 211 African American History Until 1877

HIS 212 African American History Since 1877

HIS 101 World Civilizations to 1500 HIS 201 US History Since 1877

Natural Science Department:

Courses Taught: Biology 111 Lab General Biology 1

Biology 112 Lab General Biology 2

Biology 201 Lab Anatomy & Physiology 1 Biology 203 Lab Anatomy & Physiology 2

Committees: Diversity Committee

# 8/05-12/08 **Adjunct Instructor** – Spartanburg Community College, Spartanburg, SC

Department Arts and Science & Department of Social Sciences

<u>Courses Taught:</u> African American History

Introduction to Biology Introduction to Biology Lab Anatomy & Physiology Anatomy & Physiology Lab

# CHIROPRACTIC TECHNIQUE SEMINAR INSTRUCTOR

10/2-3/20 Blair UC Chiropractic Society National Conference

Margaritaville Resort – Orlando, Florida Dr. Charmaine Herman, Instructor

10/12-13/18 Blair UC Chiropractic Society National Conference

Hilton Garden Inn – Nashville, Tennessee

Dr. Charmaine Herman, Instructor

4/15/18 Blair Upper Cervical Technique – One Day Intensive Primary

Life University – Marietta, Georgia Dr. Charmaine Herman, Instructor

5/14/17 Blair Upper Cervical Technique – One Day Intensive Primary

Life University – Marietta, Georgia Dr. Charmaine Herman, Instructor

10/6-8/16 Blair Upper Cervical Technique – Primary Level Instruction

Crowne Plaza – Atlanta, Georgia

Dr. Todd Hubbard and Dr. Charmaine Herman, Instructors

7/31/16 Blair Upper Cervical Technique – One Day Intensive Primary

Life University – Marietta, Georgia Dr. Charmaine Herman, Instructor

4/16-17/16 Blair Upper Cervical Technique – Intermediate Level Instruction

Life University – Marietta, Georgia Dr. Charmaine Herman, Instructor

10/24-25/15 Blair Upper Cervical Technique – Primary Level Instruction

Life University – Marietta, Georgia

Dr. Thomas Forest and Dr. Charmaine Herman, Instructors

#### PROFESSIONAL DEVELOPMENT

2/27/20 Lunch and Learn: Video Primer 2 - Using Video Content in Blackboard:

Best Practices, Life University Center for Excellence in Teaching and

Learning, Marietta, GA

2/20/20 Lunch and Learn: Using Reflection to Promote Deep Learning, Life

University Center for Excellence in Teaching and Learning, Marietta, GA

| 1/23/20    | Lunch and Learn: Create Video Content: Use the CETL's New Equipment to Record and Produce Video Content, Life University Center for Excellence in Teaching and Learning, Marietta, GA |
|------------|---|
| 1/8/20     | The Hidden Cost of Stereotyping. Life University Winter 2020 Faculty and Staff Development Program (FSDP), Marietta, GA   |
| 1/8/20     | Let's Talk About Sex-(based discrimination). Life University Winter 2020 Faculty and Staff Development Program (FSDP), Marietta, GA   |
| 11/28/18   | Lunch and Learn: Death by PowerPoint. Life University Center for Excellence in Teaching and Learning, Marietta, GA  |
| 11/14/17   | Lunch and Learn: Building Blackboard Tests. Life University Center for Excellence in Teaching and Learning, Marietta, GA  |
| 6/14/17    | Georgia Independent College Association (GICA) Diversity Training,<br>Morehouse College, Atlanta, GA  |
| 6/2-4/17   | The Teaching Professor Conference, Marriott Hotel, St. Louis Grand, St. Louis, MO   |
| 10/20/16   | Lunch and Learn: Writing National Board Questions. Life University Center for Excellence in Teaching and Learning, Marietta, GA   |
| 9/12/16    | Lunch and Learn: Rank and Promotion for Applicants. Life University<br>Center for Excellence in Teaching and Learning, Marietta, GA   |
| 4/27/16    | Diversity Dialogue: Safe Space Focus Group. Life University Center for Excellence in Teaching and Learning, Marietta, GA  |
| 5/29-31/15 | The Teaching Professor Conference, Sheraton Hotel, Atlanta, GA  |
| 4/15/15    | Diversity Dialogue: International Cultural Awareness, Life University<br>Center for Excellence in Teaching and Learning, Marietta, GA   |
| 3/4/15     | Diversity Dialogue: Title VII and Title IX, Life University Center for Excellence in Teaching and Learning, Marietta, GA  |
| 5/20-22/11 | The Teaching Professor Conference, Sheraton Hotel, Atlanta, GA  |

## PUBLICATIONS:

Herman C, Allen T. Resolution of Food Intolerances in a 24-Year-Old Male Undergoing Blair Upper Cervical Chiropractic Care: A Case Report & Review of the Literature. J of Upper Cervical Chiropr Res. 2020 August 4:15-27.

Herman C, Van Brackle L, DeSousa-Williams N. Cultural competence in chiropractic education: a research study to evaluate the knowledge and perceptions about cultural competence in the Doctor of Chiropractic program at Life University. Platform and poster

- presentation abstracts. Journal of Chiropractic Education: March 2020, Vol. 34, No. 1, pp. 95. (Abstract)
- Herman, C. Resolution of Neck Pain and Cervicogenic Vertigo in Patients Following Blair Upper Cervical Chiropractic Treatment to Correct Vertebral Subluxations: A Case Series. Proceedings of the 16th International Research and Philosophy Symposium (IRAPS): Philosophical, Theoretical and Practical Considerations of Vertebral Subluxation Correction Sherman College of Chiropractic Spartanburg, SC October 12-13, 2019. Journal of Philosophy, Principles & Practice of Chiropractic (Vol 19) January 6, 2020 Pages 35-76. (Abstract)
- 2018 Herman C. Harris J. Resolution of Neck Pain, Upper Extremity Paresthesia & Dysautonomia in a 46-year-old Female with Loss of Cervical Curve and Spinal Degeneration Using Blair Upper Cervical Technique: A Case Study & Review of the Literature. J of Upper Cervical Chiropr Res. 2018 July 9:26-32.
  - Herman C. Pitts M. Resolution of Neck Pain and Upper Extremity Paresthesia in a 28-year-old Male Following Blair Upper Cervical Chiropractic Care to Reduce Vertebral Subluxation: A Case Study & Review of the Literature. J of Upper Cervical Chiropr Res. 2018 May 3:19-25.
- 2017 Herman C, Rallings A. Resolution of Cervicalgia Following Blair Upper Cervical Technique: A Case Study & Review of the Literature. J of Upper Cervical Chiropr Res. 2017 December 2:58-64.
- 2016 Herman C. Resolution of low back pain in an 8-year-old patient following Blair upper cervical chiropractic care: a case report. J of Upper Cervical Chiropr Res. 2016 July 28:24-30.
  - Herman C. Resolution of low back pain and gastro-esophageal reflux disease in a 29-year-old male patient following upper cervical chiropractic care: a case report. J Chiropr Edu. 2016 30(1):73. (Abstract)
- 2015 Herman C. The improvement of a 40-year-old male patient exhibiting anxiety and depression disorder following Blair upper cervical chiropractic care: a case study. 12th International Research and Philosophy Symposium (IRAPS) Sherman College of Chiropractic Spartanburg, SC October 10-11, 2015. A. Vertebral Subluxation Res. 2015 Nov 27:188-90. (Abstract)
  - Herman C, Amilcar C. Chiropractic management of an infant with paroxysmal tonic upgaze syndrome, congenital torticollis and upper cervical subluxation following birth trauma: a case report. J of Upper Cervical Chiropr Res. 2015 June 29:19-23.
  - Herman C. Resolution of low back pain in an 8-year-old patient following upper cervical chiropractic care: a case study. J Chiropr Edu. 2015 29(1):97. (Abstract)
  - Herman C. The effect of pediatric subluxation—based chiropractic care on a pediatric patient exhibiting paroxysmal tonic upgaze (PTU) and congenital torticollis: a case study. 11<sup>th</sup> Annual International Research and Philosophy Symposium (IRAPS) October 16-19, 2014. Sherman College of Chiropractic, Spartanburg, SC. A. Vertebral Subluxation Res. 2015 April 24:91. (Abstract)

- 2005 Flemming\* CA. "Halle Berry". Black Women in America Encyclopedia, 2<sup>nd</sup> Edition. Oxford University Press. 2005 (1):89-91.
  - Flemming\* CA. "Eva Clayton". Black Women in America Encyclopedia, 2<sup>nd</sup> Edition. Oxford University Press. 2005(1):269-71.
  - Flemming\*, CA. "Phylicia Rashad". Black Women in America Encyclopedia, 2<sup>nd</sup> Edition. Oxford University Press 2005(3):28-9.
- 2004 Flemming\* CA. Whisper a prayer from my heart to God's ears. Publish America Inc. 2004.
- Flemming\* C. Her Story: the roles of free African-American women in antebellum Charleston, South Carolina, 1790-1860. University of South Carolina Press. 2002.
- 2000 Beaty VT, McFee W, Flemming\* CA and Giffin, M. Comparative study of toxicity testing and macroinvertebrate assessment of petroleum storage and manufacturing site and receiving water. Environmental Toxicology and Chemistry. 2000 February 19 (2): 405–416.

\*Maiden Name

#### PRESENTATIONS:

| 10/2/20 | Herman, C. Resolution of neck pain and cervicogenic vertigo in patients following Blair Upper Cervical chiropractic treatment to correct vertebral subluxations: A case series. Blair UC Chiropractic Society National Conference, Margaritaville Resort, Orlando, FL (1 CE Hours) |
|---------|--|
| 3/3/20  | Herman, C. Lunch and Learn: Cultural Competency and Its Application in DCP Courses, Life University Center for Excellence in Teaching and Learning, Marietta, GA   |
| 2/26/20 | Herman, C. Cultural Competency and Its Application at Life University, Life University Winter 2020 Week 7 Faculty and Staff Development Program (FSDP), Marietta, GA   |
| 2/18/20 | Herman, C. Lunch and Learn: Rank and Promotion Dossier Preparation Tips and Tricks, Life University Center for Excellence in Teaching and Learning, Marietta, GA   |
| 2/13/20 | Herman, C. Lunch and Learn: Cultural Competency and Its Application in DCP Courses, Life University Center for Excellence in Teaching and Learning, Marietta, GA   |

| 1/9/20                          | Herman, C. Case Series Presented at 2019 IRAPS: Resolution of cervicalgia and cervicogenic vertigo following the Blair UC technique to correct vertebral subluxations, Life University Winter 2020 Faculty and Staff Development Program (FSDP), Marietta, GA  |  |
|---------------------------------|--|--|
| 1/8/20                          | Herman, C. Cultural Competency and Its Application at Life University. Life University Winter 2020 Faculty and Staff Development Program (FSDP), Marietta, GA  |  |
| 10/18/19                        | Herman, C. Keynote Speaker at Life University Technique Summit and Philosophy Night. Life University. Marietta, GA   |  |
| 10/13/19                        | Herman, C. Resolution of neck pain and cervicogenic vertigo in patients following Blair Upper Cervical chiropractic treatment to correct vertebral subluxations: A case series. 16 <sup>th</sup> Annual International Research and Philosophy Symposium (IRAPS). Sherman College of Chiropractic, Spartanburg, SC. |  |
| 9/6/19                          | Herman, C. Panelist at The Upper Cervical Explosion. Life University, Marietta, GA   |  |
| 4/26/19                         | Herman, C. Women and Minorities in Chiropractic. WCCS Connection: A Feminine Expression of Chiropractic. Jerusalem Bakery, Marietta, GA  |  |
| 1/3/19                          | Herman, C. Case Study: Post-Concussion Syndrome Patient Improvements with<br>Blair Upper Cervical Chiropractic Care. Faculty and Staff Development Program<br>(FSDP) Winter 2019, Life University, Marietta, GA  |  |
| 11/6/18                         | Herman, C. Chiropractic and Stroke: New Developments. Lunch & Learn Presentation at the Center for Excellence in Teaching and Learning. Life University, Marietta, GA.   |  |
| 10/12/18                        | Herman, C. New Direction in Research. 32nd Blair UC Chiropractic Society National Conference, Hilton Garden Hotel, Nashville, TN.  |  |
| 10/7/18                         | Herman, C. Improvement of post-concussion symptoms in a 55-year-old female patient following Blair Upper Cervical chiropractic treatments: A case study. 15 <sup>th</sup> Annual International Research and Philosophy Symposium (IRAPS). Summit Pointe Conference Center, Spartanburg, SC.                        |  |
| 6/22/18                         | Herman, C. Differentiating multiple complicated diagnoses in a 13-year-old female patient under Blair upper cervical chiropractic care: a case report. ICA Council on Upper Cervical Care Advances in Spinal Care Symposium. Loew's Coronado Bay Resort. San Diego, CA.  |  |
| 5/22/18                         | Herman, C. Building Secure Blackboard Tests. Lunch & Learn Presentation at the Center for Excellence in Teaching and Learning. Life University, Marietta, GA   |  |
| 4/20/18                         | Herman C. Blair Upper Cervical Technique. Life University Technique Summit and Philosophy Night. Life University, Marietta, GA.  |  |
| 4/17/18                         | Herman C. Journey of Women Luncheon Presenter. Life University, Marietta, GA   |  |
| Dr. Charmaine A. Herman, MA, DC |  |  |

1/4/18 Herman C, Guagliardo J, Black M. Giving Students Feedback in the Clinics (Formative Assessment). Faculty and Staff Development Program (FSDP) Faculty Sessions. Winter 2018. Life University College of Chiropractic, Marietta, GA 10/7/17 Herman C. Resolution of low back pain and gastro-esophageal reflux disease in a 29-year-old male patient following upper cervical chiropractic care: a case report. 14th Annual International Research and Philosophy Symposium (IRAPS). Summit Pointe Conference Center, Spartanburg, SC 9/28/17 Herman C. Blair Upper Cervical Technique Life University Fall Celebration, Marietta, GA (4 CE Hours) 3/3/17 Herman C. Blair Upper Cervical Technique. Life University Technique Summit and Philosophy Night. Life University, Marietta, GA 11/16/16 Herman C. The Blair Upper Cervical Technique. Lunch & Learn Presentation at the Center for Excellence in Teaching and Learning. Life University, Marietta, GA 10/6/16 Herman C. Historical Perspective of the Blair Technique and how the scope of practice has changed for the incoming students. Blair UC Chiropractic Society National Conference, Crown Plaza, Atlanta GA (2 CE Hours) 8/8/16 Herman C. The League of Chiropractic Women and Student American Black Chiropractic Association Empowerment Brunch. Another Broken Egg Café -Vinings, Atlanta, GA 7/20/16 Herman C. The Blair Upper Cervical Technique in Practice and Academia. Lunch & Learn Presentation at the Center for Education, Teaching and Learning. Life Univeristy, Marietta, GA 4/30/16 Herman C. The Blair Technique in Practice and Academia. Sherman College of Chiropractic Lyceum speaker. Sherman College of Chiropractic, Spartanburg, SC (1 CE Hour) 4/23/16 Herman C. The Blair Technique. Student American Black Chiropractic Association Eastern Regional Conference. Life University, Marietta, GA 3/17-19/16 Herman C. Resolution of low back pain and gastro-esophageal reflux disease in a 29-year-old male patient following upper cervical chiropractic care: a case report. American College of Chiropractic Research Agenda Conference (ACC-RAC) 2016, Renaissance Sea World, Orlando, FL (Poster) 10/10/15 Herman C. Changes in anxiety and depression following Blair upper cervical chiropractic care. 12<sup>th</sup> Annual International Research and Philosophy Symposium (IRAPS), Sherman College of Chiropractic, Spartanburg, SC Herman C. Herman, C. Resolution of low back pain in an 8-year-old patient 10/1/15 following Blair upper cervical chiropractic care: a case study. Life University Fall Continuing Education, Marietta, GA (4 CE Hours)

- 3/19-21/15 Herman C. Resolution of low back pain in an 8-year-old patient following upper cervical chiropractic care: a case study. American College of Chiropractic Research Agenda Conference (ACC-RAC) 2015 at Planet Hollywood in Las Vegas, NV (Poster)
- 10/19/14 Herman, C. The effect of pediatric subluxation—based chiropractic care on a pediatric patient exhibiting paroxysmal tonic upgaze (PTU) and congenital torticollis: a case study. 11<sup>th</sup> Annual International Research and Philosophy Symposium (IRAPS). Sherman College of Chiropractic, Spartanburg, SC

### COMMUNITY SERVICE

9/28/19-pres Bronze and Silver Award Mentor. Girl Scouts of Greater Atlanta

- Help Bronze or Sliver Award candidates select project
- Help candidates develop project goals
- Help candidates organize and implement project

3/31/17-pres President /Founder, North Georgia Black Healthcare Professionals Network (NGBHPN), Alpharetta, GA

- To provide an educational network for Black health professionals from various disciplines to work together for the betterment of North Georgia residents
- To establish a referral network for health professionals in the North Georgia community
- To establish a website and web presence (<a href="http://www.ngbhpn.org">http://www.ngbhpn.org</a>) for individuals seeking Black health professionals in North Georgia
- 1/31/15 Participant, Arabia Mountain High School Health and Wellness Expo, Lithonia, GA
- 4/26/14 Participant, Arabia Mountain High School Health and Wellness Expo, Lithonia, GA
- 6/10-pres Family and Community Outreach Committee, Chairperson –Abundant Life International Ministries, Alpharetta, GA
  - Organized financial, childcare, and transportation assistance for displaced families in Alpharetta, GA area
  - Provided transportation for individuals released from incarceration to travel to employment
  - Provided financial assistance and job placement assistance to unemployed head of household