

WI 2024 Academic Learning Center Workshops: CGUS Suite 220

Welcome to the Academic Learning Center:

Week 1: WED 1/10 at 5:00-6:00pm

We are super excited to rebrand the Academic Learning Center to the Life University student population and what better way to kick off the quarter than a workshop re-introducing the Academic Learning Center. This interactive workshop will go over all the services that are offered at the ALC. We will show and discuss with you how to use Accudemia, how to sign in for a PAL session, what are PALS?, explain who all the ALC staff are and what their roles are, how to utilize TutorMe, provide a tour, and much more!

Academic Goal Setting Workshop

Week 2: WED 1/17 at 5:00-6:00pm:

Are you looking to enhance your goal setting process and acquire valuable tips on achieving your goals? This workshop is specifically crafted to support you in reaching your academic ambitions, in line with our belief in the vitalistic philosophy. By mastering the skill of setting SMART academic goals, discovering techniques to minimize distractions, effectively managing your time, and accomplishing more tasks in less time, you will develop a growth mindset that will pave the way for your success.

Studying for Success:

Week 3: WED 1/24 at 5:00-6:00pm:

This workshop is designed to look at various ways to approach studying that can be utilized in every class. The focal point of this workshop is to show how to organize information, such as through a variety of note-taking methods so that it can be moved from short term to long term memory and to study smarter.

Effective Time Management Strategies Workshop

Week 4: WED 1/31 at 5:00-6:00pm:

Ready to take your semester to the next level? Join us in building a practical schedule and dynamic management system, tailored to help you maximize your potential and make your time work for you! During this workshop, we will delve into the significance of self-monitoring and understanding how you spend your time. Additionally, we will explore effective time management strategies that can alleviate stress and enhance your productivity. Don't miss out on this opportunity to take control of your semester!

Test Success

Week 5: WED 2/7 at 5:00-6:00pm:

In this workshop, we will review different strategies and skills to approach taking tests from multiple choice, short answer, long answer, and more. The goal of this workshop will be to help you create general test-taking strategies and help you identify the signs of success that occur while taking tests.

Finals Vs me OR ME vs Finals

Week 8: WED 2/28 at 5:00pm-6:00pm:

And in the blink of an eye, you have made it to Week 8 of the quarter. While you may have started feeling the pressure going into finals, have no fear the ALC is here. This workshop gives you an opportunity if you have missed any workshops to come in and recap everything we have covered in case you missed something, grab a snack, and get some one on one services.

Academic Learning Center Workshops:
Online Workshops Winter '24 via BB collaborate AS101: Academic Learning Center
Click on Online Meeting Room for Workshops to join.

Welcome to the Academic Learning Center :

Week 1: TUES 1/9 5:00-6:00PM online via BB collaborate AS101

We are super excited to introduce the Academic Learning Center to the Life University student population, and what better way to kick off the quarter than a workshop re-introducing the Academic Learning Center. This interactive workshop will go over all the services that are offered at the ALC for our online students. We will show and discuss with you how to navigate BB resources, how to sign up for a one-on-one session, what are PALS?, explain who all the ALC staff are and what their roles are, how to utilize Tutorme, provide a tour, and much more

Writing Refresher

Week 2: TUES 1/16 5:00-6:00 PM online via BB collaborate AS101

Has it been a while since you've been in school? Have you always had trouble with writing? Are you interested in fine tuning your written communication skills? Then this quick writing refresh is for you. This open workshop will cover some sentence and paragraph building techniques with time for exercises or personalized sentence-level edits. Subordinate, coordinate, and transition your way to better writing.

APA: Formatting

Week 4: TUES 1/30 5:00-6:00 PM online via BB collaborate AS101

In this workshop, we will show students how to format in APA style. strategies and skills to approach taking tests from multiple choice, short answer, long answer, and more. The goal of this workshop will be to help you create general test-taking strategies and help you identify the signs of success that occur while taking tests.

Please check **AS 101 Academic Learning Center Bb: Online Education Resource for UG, MS, and DC students** tab for Goal Setting and Time Management interactive workshop recordings.

On ground facilitated by:

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or Valarie Holt: Student Success Coach Valarie.holt@life.edu

Virtual facilitated by: Shannon Geary: Academic Writing Specialist shannon.geary@life.edu