

## Thursday, July 22

Time	Activity	Location	Notes
All Day	Recommended Travel Day		LIFE does not provide hotel accommodations for the night, but discounted rates are available.
Every 2 Hours as Traffic Permits 10:00 <sup>AM</sup> –8:00 <sup>PM</sup>	Airport Shuttles		<u>Vintage Ways Shuttle Reservations are necessary to catch this shuttle.</u> A LIFE representative will meet you at the North Terminal Baggage Claim by the Georgia Lottery booth behind Carousel 4. *Masks mandatory when traveling through ATL Airport
10:00 <sup>AM</sup> –8:00 <sup>PM</sup>	Weekend Registration	Sonesta Atlanta Galleria Stratford Room	All airport shuttle users will be dropped off in the lobby of the Sonesta Atlanta Galleria. Weekend welcome packets and check in will occur on Thursday. Those checking in late Thursday or Friday will receive their welcome packet on Friday morning.
6:00 <sup>PM</sup> –8:00 <sup>PM</sup>	LIFE Mix and Mingle Event	Sonesta Atlanta Galleria Berkshire Ball Room	Meet the Enrollment staff and our Student Ambassadors and get to know other weekend attendees.

## Friday, July 23

Time	Activity	Location	Notes
6:00 <sup>AM</sup> –7:00 <sup>AM</sup>	Breakfast	Manchester Ballroom	A breakfast buffet is offered; please be sure to eat before departure.
7:15 <sup>AM</sup> –7:30 <sup>AM</sup>	Campus Shuttles to LIFE: 7:15 <sup>AM</sup> ORANGE & BLUE Teams 7:20 <sup>AM</sup> RED & GREEN Teams 7:25 <sup>AM</sup> PURPLE Teams	Sonesta Atlanta Galleria	<b>Meet in the lobby at your designated time with your name tag! If you did not receive your name tag on Thursday, please refer to your final confirmation email for your designated group color.</b>
8:00 <sup>AM</sup> –8:20 <sup>AM</sup>	Registration/Check In/ Collecting Documents	Lower Gym	Check in upon arrival or visit our registration table to drop off official documents and get your name tag for the weekend.
8:20 <sup>AM</sup> –8:40 <sup>AM</sup>	Welcome/Ice Breakers!	Lower Gym	Life University welcomes you and your guests to Atlanta! Meet our Enrollment staff and connect with other weekend attendees.
8:40 <sup>AM</sup> –9:00 <sup>AM</sup>	Weekend Announcements	Lower Gym	We set the stage for what to expect for the weekend.
9:00 <sup>AM</sup>	Opening Session	Lower Gym	Our President, Dr. Rob Scott, welcomes you to LIFE Leadership Weekend.
10:00 <sup>AM</sup>	Guest Speaker	Lower Gym	Meet Dr. Gilles LaMarche, Vice President of University Advancement and Enrollment
11:15 <sup>AM</sup> –12:15 <sup>PM</sup>	Lunch	Lower Gym	A catered lunch is served onsite.
11:30 <sup>AM</sup> –11:50 <sup>PM</sup>	Guest Speaker	Lower Gym	Meet LIFE faculty member Dr. Hussein Elsangak.
12:15 <sup>PM</sup> –1:00 <sup>PM</sup>	Student Services Fair	Upper Gym	Ask Enrollment staff & Student Affairs professionals all your questions regarding housing, academics, financial aid, advising, payments and more.
1:10 <sup>PM</sup> –1:20 <sup>PM</sup>	College of Chiropractic Overview	Lower Gym	Meet LIFE's Assistant Dean of the College of Chiropractic, Dr. Bernadette Lavender.
1:20 <sup>PM</sup> –2:10 <sup>PM</sup>	Enrollment/ Financial Aid Workshop	Lower Gym	Get your International Enrollment & Financial questions answered.
1:20 <sup>PM</sup> –2:00 <sup>PM</sup>	International Enrollment Breakout Session	Athletics Conference Room	Get your International Enrollment questions answered.
2:10 <sup>PM</sup> –4:10 <sup>PM</sup>	Tour of Campus	LIFE's Campus	Explore the campus with our Student Ambassadors (current LIFE students) and Enrollment staff.
4:15 <sup>PM</sup> –5:00 <sup>PM</sup>	Life University Student Panel	Lower Gym	Panel of Student Ambassadors discuss their journey to and through LIFE and answer your questions.
5:00 <sup>PM</sup>	Dinner	Lower Gym	Dinner is catered onsite. If you are on the Atlanta Bus Tour or the LIFE U Shop Tour, please confirm your attendance during dinner at the registration table.
6:00 <sup>PM</sup>	Guest Speaker	Lower Gym	Hear from Dr. Eric Plasker, LIFE alumnus, practicing chiropractor and founder of The 100 Year Lifestyle.
7:30 <sup>PM</sup>	Hotel Shuttle	Lower Gym Roundabout	The shuttle will return to the hotel after the Guest Speaker concludes.

# LIFE Leadership Weekend

## Saturday, July 24

Time	Activity	Location	Notes
7:00 <sup>AM</sup> –10:00 <sup>AM</sup>	Breakfast	Manchester Ballroom	Please enjoy the complimentary hotel breakfast buffet. Additional items may be purchased from the restaurant menu, if you desire.
8:15 <sup>AM</sup> –12:15 <sup>PM</sup>	Optional Trip to Centennial Park and Downtown Atlanta Or Morning Off	Atlanta	Visit the World of Coca-Cola, the Aquarium or the CNN Center and other attractions and enjoy Atlanta. <b>You may purchase your tickets in advance online.</b> If you are taking this optional trip, you need to be in the lobby of the Sonesta Atlanta Galleria @ 8:00 <sup>AM</sup> ; the bus departs sharply @ 8:30 <sup>AM</sup> . The bus will leave Centennial Park at 11:30 <sup>AM</sup> and return to campus for lunch and the next event.
10:30 <sup>AM</sup> –11:00 <sup>AM</sup>	Optional Information Session for Undergraduate & Graduate Programs	Sonesta Atlanta Galleria Churchill Room	Would you like to learn more about the Undergraduate & Graduate opportunities here at Life University? Please join us for an informal Q&A session with our LIFE Admissions Counselors before you head to campus for Saturday's activities.
11:15 <sup>AM</sup>	Optional Trip: LIFE U Shop/Bookstore	Sonesta Atlanta Galleria Lobby	Would you like to visit the LIFE U Shop Bookstore. This is a great opportunity and time for you to buy any memorabilia and see what the LLIFE U Shop has to offer.
12:00 <sup>PM</sup>	Campus Shuttle	Sonesta Atlanta Galleria Lobby	If you did not go to Atlanta, meet in the hotel lobby @ 11:45 <sup>AM</sup> to take the shuttles to campus.
12:30 <sup>PM</sup> –1:30 <sup>PM</sup>	Lunch	Lower Gym	A catered lunch is served onsite.
1:30 <sup>PM</sup>	Hotel Shuttle Departs at 1:45 <sup>PM</sup>	Lower Gym Roundabout	We encourage all guests to participate in the Experiential Leadership Workshop, but if you do not wish to participate in the workshop, the shuttle will take you back to the hotel.
1:30 <sup>PM</sup> –5:00 <sup>PM</sup>	Leadership Experiential Workshop <b>Mandatory for ALL prospective students, but optional for guests.</b>	Lower Gym	This experience is a personal development activity and is conducted outdoors. <b>Please dress casually (in active gear) and wear weather appropriate/comfortable clothes &amp; shoes. No sandals/flip flops please.</b>
4:15 <sup>PM</sup>	Campus Shuttle	Hotel Lobby	If your guest did not participate in the Leadership Experiential Workshop and wants to return to campus for the closing dinner, they must meet in the hotel lobby at 4:15 <sup>PM</sup> to take the shuttle.
5:00 <sup>PM</sup> –6:30 <sup>PM</sup>	Dinner & LIFEforce Dessert Party	Lower Gym	Enjoy dinner with LIFE faculty, staff, students and LIFEforce doctors!
6:30 <sup>PM</sup>	Hotel Shuttle	Lower Gym Roundabout	The shuttle will return to the hotel. The shuttle will depart promptly at 6:45 <sup>PM</sup> .

## Sunday, July 25

Time	Activity	Location	Notes
All Day	Recommended Travel Day		LIFE does not provide hotel accommodations for the night, but discounted rates are available if you choose to stay.
By Reservation Only 5:00 <sup>AM</sup> –12:00 <sup>PM</sup>	Airport Shuttles	Sonesta Atlanta Galleria Lobby	<u>Vintage Ways Shuttle reservations are necessary to catch this shuttle.</u> Reserved shuttles leave on the hour between 5:00 a.m.-Noon.

### LEADERSHIP TEAM

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