

COUNSELING SERVICES PRESENTS

# MIX MINGLE & GROW

**Join us for an opportunity to meet, relax and learn a new strategy to help navigate life or finals.**

Week 9: Thursday, March 10  
CCE Building • 11:00 AM  
Visit: [engage.life.edu](https://engage.life.edu)

**A COLLABORATION BETWEEN  
COUNSELING & GLOBAL VOICES**

**FOR MORE INFORMATION, CONTACT THE FOLLOWING:**

**Vincent D. Hinton - [vincent.hinton@life.edu](mailto:vincent.hinton@life.edu) (Counseling Services)**  
**Kristy Padilla - [kristy.padilla@life.edu](mailto:kristy.padilla@life.edu) (Bilingual Academic Support Professional | Global Voices)**