



Healthy Happy Heart Week

February 14-18, 2022
Life University Campus Partners

Monday, February 14, 2022

Valentine's Day Activity - All You Need Is Love (CAB); 11:00 am Lasting Purpose Plaza

Hugs, Kisses & Meaningful Wishes (Counseling Services),
11:00 am Lasting Purpose Plaza & CCE Building

Valentine's Spin Cycle Class (Campus Recreation & Wellness), 11:00 am, Wellness Center

Tuesday, February 15, 2021

Real Life | Real Relationships: Love is Love - The Rainbow LGBTQ (Counseling Services)
4:00 pm, via Zoom (RSVP in Engage to receive link or email counseling@life.edu)

Wednesday, February 16, 2021

Chillax in the Commons with ACES (ACES, CAB, Res Life & Counseling Services)
12 Noon, Commons Residential Hall Lobby

Love Languages: What's My Love Language? (Counseling Services), 3:00 pm, via Zoom

Thursday, February 17, 2021

The Loss of a Relationship - Renew, Rebuild, Restart (Counseling Services), 12 Noon, via Zoom

Friday, February 18, 2021

Creative Weekend Activities - Promoting Self-Care (Res Life & Counseling Services)
12 Noon, via Zoom

**VISIT [ENGAGE.LIFE.EDU](https://engage.life.edu) FOR MORE INFORMATION
OR CONTACT A CAMPUS PARTNER**