

## Thursday, April 21

Time	Activity	Location	Notes
All Day	Recommended Travel Day		LIFE does not provide hotel accommodations for the night, but discounted rates are available.
Every 2 Hours as Traffic Permits 10:00AM–8:00PM	Airport Shuttles		<u>Vintage Ways Shuttle Reservations are necessary to catch this shuttle.</u> A LIFE representative will meet you at the North Terminal Baggage Claim by the Georgia Lottery booth behind Carousel 4. *Masks mandatory when traveling through ATL Airport
10:00AM–8:00PM	Weekend Registration	Sonesta Atlanta Galleria Stratford Room	All airport shuttle users will be dropped off in the lobby of the Sonesta Atlanta Galleria. Weekend welcome packets and check in will occur on Thursday. Those checking in late Thursday or Friday will receive their welcome packet on Friday morning.
6:00PM–7:30PM	LIFE Mix and Mingle Event	Sonesta Atlanta Galleria Berkshire Ball Room	Meet the Enrollment staff and our Student Ambassadors and get to know other weekend attendees.

## Friday, April 22

Time	Activity	Location	Notes
6:30AM–8:00AM	Breakfast	The Grill	A breakfast buffet is offered; please be sure to eat before departure.
8:00AM–8:30AM	Campus Shuttles to LIFE: 8:00AM ORANGE & BLUE Teams 8:05AM RED & GREEN Teams 8:10AM PURPLE Teams	Sonesta Atlanta Galleria	<b>Meet in the lobby at your designated time with your name tag! If you did not receive your name tag on Thursday, please refer to your final confirmation email for your designated group color.</b>
8:30AM	Registration/Check In/ Collecting Documents	Lower Gym	Check in upon arrival or visit our registration table to drop off official documents and get your name tag for the weekend.
9:00AM	Welcome/Ice Breakers!	Lower Gym	Life University welcomes you and your guests to Atlanta! Meet our Enrollment staff and connect with other weekend attendees.
9:15AM	Weekend Announcements	Lower Gym	We set the stage for what to expect for the weekend.
9:30AM	Opening Session	Lower Gym	Our President, Dr. Rob Scott, welcomes you to LIFE Leadership Weekend.
10:30AM	Guest Speaker	Lower Gym	Meet Dr. Gilles LaMarche, Vice President of University Advancement and Enrollment
11:30AM–12:30PM	Lunch	Lower Gym	A catered lunch is served onsite.
11:40AM–12:00PM	Guest Speaker	Lower Gym	Meet LIFE faculty member Dr. Shannon Good.
12:30PM–1:15PM	Student Services Fair	Upper Gym	Ask Enrollment staff & Student Affairs professionals all your questions regarding housing, academics, financial aid, advising, payments and more.
1:20PM–1:30PM	College of Chiropractic Overview	Lower Gym	Meet Dr. Eric Russell, "The Way of Chiropractic".
1:30PM–2:15PM	Enrollment/ Financial Aid Workshop	Lower Gym	Get your Enrollment & Financial questions answered.
1:30PM–2:15PM	International Enrollment Breakout Session	Athletics Conference Room	Get your International Enrollment questions answered.
2:15PM–4:00PM	Tour of Campus	LIFE's Campus	Explore the campus with our Student Ambassadors (current LIFE students) and Enrollment staff.
4:15PM–4:45PM	Life University Student Panel	Lower Gym	Panel of Student Ambassadors discuss their journey to and through LIFE and answer your questions.
4:45PM–5:45PM	Dinner	Lower Gym	Dinner is catered onsite. If you are on the Atlanta Bus Tour, please confirm your attendance during dinner at the registration table.
5:45PM–7:00PM	Guest Speaker	Lower Gym	Hear from Dr. Eric Plasker, LIFE alumnus, practicing chiropractor and founder of The 100 Year Lifestyle.
7:00PM	Hotel Shuttle	Lower Gym Roundabout	The shuttle will return to the hotel after the Guest Speaker concludes.

# LIFE Leadership Weekend

## Saturday, April 23

Time	Activity	Location	Notes
7:00 <sup>AM</sup> –10:00 <sup>AM</sup>	Breakfast	The Grill	Please enjoy the complimentary hotel breakfast buffet. Additional items may be purchased from the restaurant menu, if you desire.
8:15 <sup>AM</sup> –12:15 <sup>PM</sup>	Optional Trip to Centennial Park and Downtown Atlanta Or Morning Off	Atlanta	Visit the World of Coca-Cola, the Aquarium or the CNN Center and other attractions and enjoy Atlanta. <b>You may purchase your tickets in advance online.</b> If you are taking this optional trip, you need to be in the lobby of the Sonesta Atlanta Galleria @ 8:00 <sup>AM</sup> ; the bus departs sharply @ 8:30 <sup>AM</sup> . The bus will leave Centennial Park at 11:30 <sup>AM</sup> and return to campus for lunch and the next event.
11:00 <sup>AM</sup> –11:30 <sup>AM</sup>	Optional Information Session for Undergraduate & Graduate Programs	Sonesta Atlanta Galleria Churchill Room	Would you like to learn more about the Undergraduate & Graduate opportunities here at Life University? Please join us for an informal Q&A session with our LIFE Admissions Counselors before you head to campus for Saturday's activities.
12:00 <sup>PM</sup>	Campus Shuttle	Sonesta Atlanta Galleria Lobby	If you did not go to Atlanta, meet in the hotel lobby @ 11:45 <sup>AM</sup> to take the shuttles to campus.
12:30 <sup>PM</sup> –1:30 <sup>PM</sup>	Lunch	Lower Gym	A catered lunch is served onsite.
12:45 <sup>PM</sup> –1:00 <sup>PM</sup>	Guest Speaker	Lower Gym	Meet Dr. Veronica Garcia Chapparro former Student Ambassador and practicing chiropractor.
1:30 <sup>PM</sup>	Hotel Shuttle Departs at 1:45 <sup>PM</sup>	Lower Gym Roundabout	We encourage all guests to participate in the Experiential Leadership Workshop, but if you do not wish to participate in the workshop, the shuttle will take you back to the hotel.
1:30 <sup>PM</sup> –4:30 <sup>PM</sup>	Leadership Experiential Workshop <b>Mandatory for ALL prospective students, but optional for guests.</b>	Lower Gym	This experience is a personal development activity and is conducted outdoors. <b>Please dress casually (in active gear) and wear weather appropriate/comfortable clothes &amp; shoes. No sandals/flip flops please.</b>
4:15 <sup>PM</sup>	Campus Shuttle	Hotel Lobby	If your guest did not participate in the Leadership Experiential Workshop and wants to return to campus for the closing dinner, they must meet in the hotel lobby at 4:15 <sup>PM</sup> to take the shuttle.
5:00 <sup>PM</sup> –6:30 <sup>PM</sup>	Dinner	Lower Gym	Enjoy dinner with LIFE faculty, staff, students and LIFEforce doctors!
6:30 <sup>PM</sup>	Dessert Party	Lower Gym	End the weekend by spending some quality time in our Socrates Cafe with the LIFEforce doctors, other students and staff. Dessert and refreshments provided.
7:45 <sup>PM</sup>	Hotel Shuttle	Lower Gym Roundabout	The shuttle will return to the hotel. The shuttle will depart promptly at 7:45 <sup>PM</sup> .

## Sunday, April 24

Time	Activity	Location	Notes
All Day	Recommended Travel Day		LIFE does not provide hotel accommodations for the night, but discounted rates are available if you choose to stay.
By Reservation Only 5:00 <sup>AM</sup> –12:00 <sup>PM</sup>	Airport Shuttles	Sonesta Atlanta Galleria Lobby	<u>Vintage Ways Shuttle reservations are necessary to catch this shuttle.</u> Reserved shuttles leave on the hour between 5:00 a.m.-Noon.

### LEADERSHIP TEAM

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