

# Academic Center for Educational Success (ACES) Spring 2022

## Undergraduate Academic Success Workshops

**\*\*Workshops are held in CGUS 206 unless otherwise indicated\*\***

<b>Week 2</b>	<b>ACADEMIC SUCCESS WORKSHOP</b>
<p>Tuesday April 12<sup>th</sup> 12:00pm-1:00pm</p>	<p style="text-align: center;"><b>Let's Talk College: Transitioning to College</b></p> <p>Learn about the 3 Cs of transitioning into college: commitment, communication, and choice. First-time students to Life University or students who transferred to Life University, will understand the expectations of their new endeavor, as well as attitudes and behaviors responsible for success.</p> <p style="text-align: center;"><b>Presenter:</b> Makia Jackson, Academic Support Professional</p>
<p>Tuesday April 12<sup>th</sup> 1:00pm-2:00pm</p>	<p style="text-align: center;"><b>Let's Talk College: Don't Put This Workshop Off Until Tomorrow Time Management Strategies</b></p> <p>Learning how to manage your time can be difficult. Join us for some helpful tips on how to make better use of it!</p> <p style="text-align: center;"><b>Presenter:</b> Makia Jackson Academic Support Professional</p>
<p>Thursday April 14<sup>th</sup> 11:00am-12:00pm</p>	<p style="text-align: center;"><b>"Who said that?!" Plagiarism Workshop</b></p> <p>This workshop will help you better understand what plagiarism is, and what you can do to avoid plagiarizing when you have a written assignment.</p> <p style="text-align: center;"><b>Presenter:</b> Andre Clanton, Director of Conflict Resolution &amp; Accountability</p>
<p>Thursday April 14<sup>th</sup> 12:00pm-1:00pm</p>	<p style="text-align: center;"><b>Let's Talk College: Faculty Connections 101: Best Practices for Building Relationships with Your Instructors</b></p> <p>Relationships with your instructors are vital in college. The workshop covers topics: as suggested conversations, the use of office hours, and the benefits to strong student faculty connections.</p> <p style="text-align: center;"><b>Presenter:</b> Pie Dyson, Academic Support Professional</p>

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<b>Week 3</b>		<b>ACADEMIC SUCCESS WORKSHOP</b>
<p>Tuesday April 19<sup>th</sup> 11:00am- 12:00pm</p>	<p><b>The Learning Lab Presents: An APA Overview</b></p> <p>This hands-on workshop focuses on crafting essays that meet APA requirements, including correct formatting, citations, and reference pages.</p> <p>Presenter: Charles Farmer, Assistant Professor of English</p>	
<p>Tuesday April 19<sup>th</sup> 11:00am-12:00pm</p>	<p><b>How to be a Fruitful Student</b></p> <p>This workshop will discuss topics such as: Procrastination, Note-Taking, Helpful Apps for your Phone and Computer to help you succeed, time management and work-life balance.</p> <p>Presenter: John Brittan, Director of Undergraduate Advisement</p>	
<p>Tuesday April 19<sup>th</sup> 12:00pm-1:00pm</p>	<p><b>Let's Talk College: Learning Styles and Study Strategies</b></p> <p>Students will learn about three, main learning styles and discover their preferred learning style. They will also apply their understanding of preferred learning styles to improve their learning and study skills.</p> <p>Presenter: Makia Jackson, Academic Support Professional</p>	
<p>Wednesday April 20<sup>th</sup> 11:00am-12:00pm 12:00pm-1:00pm</p>	<p><b>Let's Talk College: Email Etiquette</b></p> <p>This hands-on workshop outlines the essential rules for communicating with classmates, coworkers, employers, and professors via email.</p> <p>Presenter: Charles Farmer, Assistant Professor of English</p>	
<p>Thursday April 21<sup>st</sup> 1:00pm-2:00pm</p>	<p><b>The Learning Lab Presents: An APA Overview</b></p> <p>This hands-on workshop focuses on crafting essays that meet APA requirements, including correct formatting, citations, and reference pages.</p> <p>Presenter: Charles Farmer, Assistant Professor of English</p>	
<b>Week 4</b>		
<p>Tuesday April 26<sup>th</sup> 11:00am-12:00pm</p>	<p><b>The Learning Lab Presents: An MLA Overview</b></p> <p>This hands-on workshop focuses on crafting essays that meet MLA requirements, including correct formatting, citations, and works cited pages.</p> <p>Presenter: Charles Farmer, Assistant Professor of English</p>	

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<b>Week 4</b>		<b>ACADEMIC SUCCESS WORKSHOP</b>
Tuesday April 26 <sup>th</sup> 1:00pm -2:00pm	<b>Let's Talk College: #Goals</b> Feeling Unmotivated? Learn the skills needed to beat procrastination and set & achieve realistic goals.  Presenter: Makia Jackson, Academic Support Professional	
Thursday April 28 <sup>th</sup> 11:00am-12:00pm	<b>Let's Talk College: Learning Styles and Strategies</b> Students will learn about three main learning styles and discover their preferred learning styles. They will also apply their understanding of preferred learning styles to improve their learning and study skills.  Presenter: Pie Dyson, Academic Support Professional	
Thursday April 28 <sup>th</sup> 12:00pm-1:00pm	<b>Let's Talk College: Test Taking Strategies Preparing for Midterms</b> This workshop will explain the difference between studying and learning, demonstrate a 5-step exam preparation process, and provide specific strategies for multiple-choice, essay, and final exams. The presenter will discuss strategies that give students the best chance of alleviating fear and passing those exams.  Presenter: Pie Dyson, Academic Support Professional	
Thursday April 28 <sup>th</sup> 1:00pm-2:00pm	<b>The Learning Lab Presents: An MLA Overview</b> This hands-on workshop focuses on crafting essays that meet MLA requirements, including correct formatting, citations, and works cited pages.  Presenter: Charles Farmer, Assistant Professor of English	
<b>Week 5</b>		<b>ACADEMIC SUCCESS WORKSHOP</b>
Tuesday May 3 <sup>rd</sup> 11:00am-12:00pm	<b>The Learning Lab Presents: An Introduction to Essay Basics</b> This hands-on workshop focuses on crafting college-level essays. We will discuss making the most of the prewriting process, writing engaging introductions, thesis statements, and conclusions, and providing adequate supporting details  Presenter: Charles Farmer, Assistant Professor of English	
Tuesday May 3 <sup>rd</sup> 11:00am-12:00pm	<b>Ballin' on a Budget</b> This workshop will help you learn and develop financial literacy skills.  Presenter: Romona Cephus, Financial Aid Counselor	

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**Week 5**

## ACADEMIC SUCCESS WORKSHOP

### **The Learning Lab Presents: An Introduction to Essay Basics**

Thursday  
May 5<sup>th</sup>  
11:00am-12:00pm

This hands-on workshop focuses on crafting college-level essays. We will discuss making the most of the prewriting process, writing engaging introductions, thesis statements, and conclusions, and providing adequate supporting details

**Presenter:** Charles Farmer, Assistant Professor of English

### **Let's Talk College: Transitioning to College**

Thursday  
May 5<sup>th</sup>  
12:00pm-1:00pm

Learn about the 3 Cs of transitioning into college: commitment, communication, and choice. First-time students to Life University or students who transferred to Life University, will understand the expectations of their new endeavor, as well as attitudes and behaviors responsible for success.

**Presenter:** Pie Dyson Academic Support Professional

**Week 6**

### **Let's Talk College: Memory Techniques and Study Strategies**

Tuesday  
May 10<sup>th</sup>  
1:00pm-2:00pm

Students will learn techniques to sharpen and improve your memory. You'll learn study skill tips, how to remember names, and ways to retain and recall information.

**Presenter:** Makia Jackson, Academic Support Professional

### **The Learning Lab Presents: An Introduction to Essay Basics**

Thursday  
May 12<sup>th</sup>  
1:00pm-2:00pm

This hands-on workshop focuses on crafting college level essays. We will discuss making the most of the prewriting process, writing engaging introductions thesis statements, and conclusions, and providing the adequate supporting details.

**Presenter:** Charles Farmer, Assistant Professor of English

**Week 7**

### **Let's Talk College: Faculty Connections 101: Best Practices for Building Relationships with Your Instructors**

Tuesday  
May 17<sup>th</sup>  
12:00pm-1:00pm

Relationships with your instructors are vital in college. The workshops cover topics as suggested conversation, the use of office hours, and the benefits to strong student-faculty connections.

**Presenter:** Makia Jackson, Academic Support Professional

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**Week 7**

## ACADEMIC SUCCESS WORKSHOP

### **“Only you can prevent \_\_\_\_\_.” Bystander Intervention workshop**

Thursday  
May 19<sup>th</sup>  
11:00am-12:00pm

This workshop will give you tips on what to do if you are ever in a bystander position.

Presenter: Andre Clanton, Director of Conflict Resolution & Accountability

### **Let’s Talk College: What’s Your Type? Personality in the Classroom**

Thursday  
May 19<sup>th</sup>  
12:00pm-1:00pm

This workshop will help you understand your personality type and how it can impact your study habits and academics.

Presenter: Pie Dyson, Academic Support Professional

**Week 8**

### **The Learning Lab Presents: Writing Research Papers**

Tuesday  
May 24<sup>th</sup>  
11:00am-12:00pm

This hands-on workshop focuses on research paper fundamentals, including organizing the essay, evaluating sources, incorporating sources, and properly citing sources to avoid plagiarism.

Presenter: Charles Farmer, Assistant Professor of English

### **Let’s Talk College: Creating an Academic Plan**

Tuesday  
May 24<sup>th</sup>  
12:00pm-1:00pm

Developing an academic plan is like setting your GPS before going on a long road trip. Avoid wrong turns, calculate anticipated time to degree completing, and understand requirements needed to begin developing your academic plan.

Presenter: Makia Jackson, Academic Support Professional

### **Let’s Talk College: Test Taking Strategies Preparing for Finals**

Tuesday  
May 24<sup>th</sup>  
1:00pm-2:00pm

This workshop will explain the difference between studying and learning, demonstrate a 5-step exam preparation process, and provide specific strategies for multiple-choice, essay, and final exams. The presenter will discuss strategies that give students the best chance of alleviating fear and passing those exams.

Presenter: Makia Jackson, Academic Support Professional

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<b>Week 9</b>		
Tuesday May 31 <sup>st</sup> 12:00pm-1:00pm	<b>Let's Talk College: #Goals</b> Feeling Unmotivated? Learn the skills needed to beat procrastination and set & achieve realistic goals.  Presenter: Makia Jackson, Academic Support Professional	
Tuesday May 31 <sup>st</sup> 1:00pm-2:00pm	<b>Let's Talk College: Use Your Textbooks as a Success Tool Reading Effectively for Academic Success</b> This workshop explores strategies to stay active with test so that a reader can get the most out of a textbook (and stay awake while reading one!)  Presenter: Makia Jackson, Academic Support Professional	
Thursday June 2 <sup>nd</sup> 11:00am-12:00pm	<b>Let's Talk College: Using Mobile Apps to Organize Your Life</b> Mobile apps are a great way to stay organized and collaborate, and they can all be accessed using your computer or mobile device! Use the calendar as a tool to keep track of your busy schedule, including your homework and upcoming tests. Mobile apps provide easy access to documents, spreadsheets, or presentations wherever you have access to the internet. It even allows you to collaborate from a distance - your whole group can access the same document and see real-time edits being made. The facilitator will also demonstrate how Google Drive even has an app for making your own website. Check it out!  Presenter: Pie Dyson Academic Support Professional	

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<b>Week 9</b>		<b>ACADEMIC SUCCESS WORKSHOP</b>
Thursday June 2 <sup>nd</sup> 12:00pm-1:00pm	<b>Let's Talk College: Use Your Textbooks as a Success Tool</b> <b>Reading Effectively for Academic Success</b>	This workshop explores strategies to stay active with test so that a reader can get the most out of a textbook (and stay awake while reading one!) Presenter: Pie Dyson, Academic Support Professional
<b>Week 10</b>		
Tuesday June 7 <sup>th</sup> 12:00pm-1:00pm	<b>Let's Talk College: Don't Put This Workshop Off Until Tomorrow</b> <b>Time Management Strategies</b>	Learning how to manage your time can be difficult. Join us for some helpful tips on how to make better use of it!  Presenter: Makia Jackson, Academic Support Professional
Tuesday June 7 <sup>th</sup> 1:00pm-2:00pm	<b>Let's Talk College: Use Your Textbooks as a Success Tool"</b> <b>Reading Effectively for Academic Success</b>	This workshop explores strategies to stay active with test so that a reader can get the most out of a textbook (and stay awake while reading one!)  Presenter: Makia Jackson, Academic Support Professional
Thursday June 9 <sup>th</sup> 11:00am-12:00pm	<b>Let's Talk College: Developing the Habits You Want</b>	The first half of this workshop identifies some habits good students often have. The second part of the workshop is a presentation of Brian Tracy's the Power of Habit, & steps to Successful Habits.  Presenter: Pie Dyson, Academic Support Professional
Thursday June 9 <sup>th</sup> 12:00pm-1:00pm	<b>Let's Talk College: Creating an Academic Plan</b>	Developing an academic plan is like setting your GPS before going on a long road trip. Avoid wrong turns, calculate anticipated time to degree completing, and understand requirements needed to begin developing your academic plan.  Presenter: Pie Dyson, Academic Support Professional

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*If you have any questions regarding the Academic Success Workshops, please e-mail [skillshops@life.edu](mailto:skillshops@life.edu).*