Life University Pediatric and Prenatal Certification Program by Dr. Claudia Anrig

Instructor: Mary Unger-Boyd, DC, DICS, CACCP

Course Title: Mastering Chiropractic Cranial (Part 1)

12 Hour Live Course

Course Description

This course will introduce Chiropractic Craniopathy and provide skill building activities to develop the application. A pediatric cranial exam will be included and incorporated into the special population of children with tethered oral tissue. It will cover evaluation for tethered oral tissues and the associated myofascial adaptations along with management considerations with methods to address the cranium, spinal and fascial distortion patterns. In addition, this course includes cranial methods appropriate for the pregnant population.

Outline

Hour 1 - Overview of anatomy, physiology and development of the infant cranium. Indications and contraindications of infant and pediatric cranial procedures. Red flags for increased intracranial pressure (CSF).

Hour 2 – Types of cranial techniques

Skill development: Palpation of cranial sutures, working level pressure and cranial range of motion exercises (balloon exercise?) – develop cranial evaluation protocol.

Hour 3 – Methods to balance reciprocal membranes: Cranial Antidote Overview sphenobasilar function - Basic II (sphenobasilar flexion/extension)

Hour 4– <u>Chiropractic considerations with Tethered Oral Tissue</u>: Tethered oral tissue defined, review of Anatomy/Physiology of the oral tissue and myofascial connections. History of infant and mother, visual & functional signs of TOTs

Hour 5 – Examination for TOT including visual and functional examination, suck-swallow-respiratory (SSR) pattern, feeding/primitive reflexes and cranial nerve evaluation as related to TOTs. Evaluation of restrictions in cranial sutures and hard palate and assessing the effect of myofascial adaptations from the tongue to the trunk due to TOT, ex.

Hour 6 - Management utilizing manual therapies to address the soft tissue/myofascial restrictions, as well as chiropractic cranial and CMT for TMJ and spinal dysfunctional motor units. Cranial molding and pelvic balancing methods

Hour 7 - Management methods include direct and indirect approaches for cranial sutures, palate and TMJ. Vagus Cranial Technique (Buddhingh)

Hour 8 - Review with Guidelines for management and co-management

Hour 9- Skill development: Cranial infant examination protocol (cranial exam form)

Hour 10 –Additional Techniques: Sphenobasilar via the malar

Hour 11 – <u>Cranial application in Pregnancy</u>: Ventricular compression technique, Basic I, Sagittal suture spread. Balance occiput to sacrum

Hour 12 - Review, Q & A