

Student Affairs Newsletter

SPRING 2025



Michael D. Smith, Ph.D.
Dean of Students

Message from the Dean of Students

Welcome to the 2025 Spring Quarter at Life University!

As the flowers bloom and pollen is dispersed everywhere, I want to take a moment to reflect on the energy and opportunity that spring brings to our beautiful campus. This season is often a time of renewed focus and growth. Whether you are wrapping up your first quarter or preparing for a PEAK experience, I hope you take pride in how far you've come and continue to live a life of Lasting Purpose. I also challenge you to stay focused on your goals and remain open to new experiences and perspectives.

Spring is also a time to stay engaged—academically, socially and personally. I encourage you to make the most of campus events, utilize our walking trails to get away to recharge and seek out campus resources when you are facing challenges. Remember, my door is always open to support your success and well-being.

Let's make this quarter one of reflection, growth and connection!!!

Regards,

Michael



Student Affairs Events

Date	Title	Time	Location
5/1/25	AAPI Heritage Month Kickoff	11:00 a.m.-1:00 p.m.	CGUS Lobby
5/1/25	AAPI Heritage Month Kickoff	5:00-7:00 p.m.	Commons
5/6/25	Job Seekers: Resume, Cover Letters, and Interviewing	Noon	Online
5/7/25	Bowlero Bowling Night	7:00-10:00 p.m.	Bowlero
5/7/25	MUST Ministries	3:00-4:30 p.m.	RCCE Atrium
5/8/25	SOAR Awards	5:00-8:00 p.m.	SHS Lower Gym
5/14/25	Midterm Brain Break	10:00 a.m.-1:00 p.m.	The Commons
5/16/25	Outdoor Movie Night	7:00-11:00 p.m.	Lyceum a.m.phitheatre
5/20/25	Language Exchange	5:00-6:30 p.m.	Socrates Café
5/21/25	BIG Event	11:00 a.m.-3:00 p.m.	Path of Heroes
6/4/25	MUST Ministries	3:00-4:30 p.m.	RCCE Atrium
6/9/25	Mix, Mingle and Grow	11:00 a.m.-12:30 p.m.	RCCE 104
6/10/25	LinkedIn 101	Noon	Online

Engagement and Leadership

[Click here to visit Engagement and Leadership online.](#)

WINTER 2025 EVENTS ATTENDANCE

90

Stuff-A-Plush

297

The Student Affairs
BIG Event Paint and Sip

522

Student
Club Day

297

Mandatory Student Affairs
Student Club President Training

51

Karaoke
Night

Life U CAREs About You:

LIFE
University



Connect, Advocate, Resources, Empower and Support

[Click here to visit CARES online.](#)

Join us in fostering a supportive community at Life University where every member is valued and cared for. Together, we can make a difference in each other's lives and create a campus environment where everyone can thrive. Take advantage of Life U CAREs and be part of caring for yourself and your fellow students. Reach out to us at CARE@life.edu to get connected to resources on campus.

Dr Lisa Rubin • CARE Case Manager • LRubin@life.edu

MUST Ministries Mobile Food Pantry

- January 2025 distributed **3,567 pounds of food to 147 people**
- March 2025 distributed **3,786 pounds of food to 105 households**
- April 2025 distributed **5,238 pounds of food for 149 people for 109 households**

American Red Cross Blood Drive

- March 2025 donated **19 pints of blood**

Food4Life Food and Clothing Pantry

- Winter 2025 **206 visits**

Are you in need of getting connected to resources on or off campus? Contact LRubin@life.edu



Counseling and Belonging

[Click here to visit Counseling online.](#)

We offer a variety of services and resources for all enrolled students. Our goal is to provide an environment where students can learn valuable life and coping skills to take proactive steps in improving their overall well-being.

Please look for flyers and contact Counseling@life.edu with any questions.

- Wellness Workshops
- Mix, Mingle and Grow
- Circle of Hope
- Campus Connections (Belonging@life.edu)



Career Services

[Click here to visit Career Services online.](#)

What are Micro-Internships?

Micro-internships are project-based or short-term engagements designed to provide experience for a college student or recent graduate in a field of choice, sometimes remotely.

What is Parker Dewey?

Parker Dewey connects students with paid project-based micro-internships that provide the opportunity to build skills and explore careers.

Micro-Internships can include projects across all departments, including:

- Sales
- Human Resources
- Marketing
- Research
- Operations and Support
- Finance and Accounting
- Information Technology
- Administration

[Click here to learn more and apply to projects today.](#)

Students: Looking for a job or internship?

Access [Life University Careers](#) to view on- and off-campus jobs and internship opportunities. Connect with multiple employers across the nation seeking to recruit our talented, innovative Running Eagles. Register to attend in-person and virtual career fairs, events, workshops and informational sessions.

If you have not completed your registration for Life University Careers (Powered by Handshake), please finalize your registering using your Life U login username and password.

Did you know you can [schedule an appointment](#) to meet with a career specialist at Life University Careers (Powered by Handshake).



Campus Recreation

[Click here to visit Campus Recreation online.](#)



Team Back 2 Back 2 Back won our Winter Intramural Basketball Championship. We have no doubt they will look to win their fourth consecutive championship this spring and will likely update their team name to "Back 2 Back 2 Back 2 Back!"

- Registration for Spring Intramurals is now open on IMLeagues.
- Open gym dates for recreational basketball and volleyball is listed on IMLeagues.



Life University Bowling Night

New Date: Wednesday, May 7 | 6:00–8:00 p.m.

- The price is \$20.00 and includes two hours of bowling, food, drinks and shoe rentals.
- Tickets can be purchased using this link: [Life University Bowling Night Tickets](#).



Life U Braves Night

Friday, August 8 vs. the Miami Marlins

- Sponsored by Campus Recreation and Life University Alumni & Friends
- Discounted tickets will be available for purchase Week 7 of Spring Quarter.
- Seats are located inside the stadium on a rooftop patio.
- Tickets include a \$20.00 food and beverage added value.
- An email with more information to come this quarter.

WINTER 2025 STATS

11

Basketball Teams

5

Volleyball Teams

4

Pickleball Teams

93

Basketball Participants

44

Volleyball Participants

12

Pickleball Participants

Gallup CliftonStrengths

86 students from both the CCE and CGUS have completed the **Gallup CliftonStrengths assessment**, which is an online tool that identifies an individual's top strengths from a list of 34 themes, allowing them to understand their natural talents and potential across different contexts.

The combination of the top five talents for the student helps us proactively mentor the student to become self-aware of their own Strengths, which will guide them through continued personal and professional growth, navigation through career opportunities, and networking skills

Findings

From the 86 students who completed the assessment, the following talents showed up consistently as the most common top three talents: **Relator (44%), Competition (30%) and Achiever (26%)**.

Meaning

What does this tell us about our students?

Students with high **Relator** enjoy close relationships with others. They tend to need time and opportunities for one-on-one interactions.

Students with high **Competition** measure their progress against the performance of others. They need people around them to motivate them, but those people need to want excellence.

Students with high **Achiever** work hard and possess a great deal of stamina. They tend to need freedom to work at their own pace.

When we look at these themes together, it shows us that our students will perform better when they first develop meaningful relationships. They will likely not go out and seek relationships, and it may take some work to gain their trust. However, once that is done, we can expect to get the best out of them.

Application

How can we support what our students need?

Develop learning spaces or programming that encourage smaller groups or more one-on-one interactions. Students will not trust others implicitly, so we need to earn their trust over time as they will appear as "hard to get to know." We need to show that we care about them as people and not just about their learning outcomes. There is a tendency to want to have mentors and be mentors. They want to know their connections have value (e.g. Will this relationship help me achieve my goals?).

Our students are acutely aware of how they "rank/rate" amongst their peers. They discuss results with friends and measure "wins/loses" by how they fall in place with peers. Motivation for excellence comes from being surrounded by other students who want excellence. Developing consistent metrics for success will help keep our students motivated. Tracking daily, weekly or monthly wins will be meaningful to our students.

Our students have a strong work ethic if the work has meaning to them. They do not appreciate the idea of "going through the motions." Students like to be busy if it feels productive to them. They don't like to be busy just to be busy. Helping them set challenging and purposeful goals will help them stay motivated. Having the freedom to work at their own pace is also important (albeit deadlines in academics are important, too).

Interested in more information? Contact Samantha.Clark@life.edu Director of Engagement and Career Services, Certified Gallup Global Coach.

CliftonStrengths®

